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# DETERMINANTS OF ONLINE DATING APPS ADOPTION INTENTION AMONG YOUNG ADULTS IN MALAYSIA

BY

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#### DEDICATION

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#### LIST OF ABBREVIATIONS

AI	Adoption Intention	
DV	Dependent Variable	
EE	Effort Expectancy	
FC	Facilitating Conditions	
IV	Independent Variable	
ODA	Online Dating Apps	
PE	Perceived Expectancy	
SI	Social Influence	
SPSS	Statistical Package for Social Science	
TR	Trust	
UTAUT	Unified Theory of Acceptance and Use of Technology	

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#### PREFACE

Since the outbreak of Covid-19 pandemic, Malaysia has announced a list of restrictions which include quarantine, social distancing, and the dreaded lockdown. This has driven many people to shift to online platforms in order to maintain social connection and interaction with other individuals. When it comes to finding romantic relationships in terms of online context, online dating apps are seen favourably by individuals who are looking for love. In Malaysia, online dating received a recent upsurge with many people, especially young adults, intending to confine themselves to virtual dating. However, the online dating industry has yet to reach its full maturity. There was only a little to no research studying the adoption intention towards online dating apps among young adults in Malaysia. Hence, the title of this research would be "Determinants of Online Dating Apps Adoption Intention Among Young Adults in Malaysia. In this study, we will focus on the conceptualization of online dating apps and investigate the possible factors that might influence the adoption intention of Malaysian young adults. This research will enable the future researchers and dating app developers to have a better understanding of Malaysia young adults' opinions and provide better improvement on the trustworthiness of online dating apps.

#### ABSTRACT

The pandemic has posed new challenges and altered how most people date and hook up. The Unified Theory of Acceptance and Use of Technology (UTAUT) was applied in this research to discover determinants of online dating apps' adoption intention among young adults in Malaysia. For this purpose, possible determinants that might affect the intention to adopt online dating apps are sought and critically reviewed. With reference to the model, the variables proposed in this research include performance expectancy, effort expectancy, social influence, facilitating conditions, and an additional variable - trust. Five hypotheses were constructed to identify whether the determinants will affect the Malaysian young adult's adoption intention towards online dating apps. Questionnaires were distributed to young adults to obtain valid primary data from respondents. One of the limitations found in this research is the approach to collecting data causing the participants to overlook the questionnaires. Besides, restrictions were found in the demographic profile of the respondents. The study might not accurately reflect Malay and Indian individuals' adoption intentions. The responses collected determine the adoption intention of young adults towards online dating apps within Malaysia only. This research contributes to the debate among online dating apps developers.

# **CHAPTER 1: RESEARCH OVERVIEW**

### **1.0 Introduction**

In chapter 1, the research background and research problem will be addressed related to the online dating apps and adoption intention of Malaysian young adults. Furthermore, the objectives of the research, research questions, as well as research significance will also be developed.

# 1.1 Research Background

The concept of dating originated back at the beginning of the 20th century. Before that, youngsters are prohibited from having a date before marriage (Markarian, 2017). Dating could be a felony in the 1900s as dating is recognised as veritable prostitution in the eyes of authorities (Brown, 2016). Until the mid-1920s, dating had completely replaced the old courtship system (Bailey, 1989). The fundamental difference between dating and courtship is the level of freedom. Relationships became less severe and more personal (Markarian, 2017).

Based on Maslow's Hierarchy of Needs, love and belongingness are basic human needs (Maslow, 1943, 1954). Romantic relationships as basic human needs are vitally important in shaping one's personality and characteristics. During the experiences in a romantic relationship, one learns and trains for their future intimate relationship. The successful establishment and maintenance of a romantic relationship are beneficial to one's mental health, physical health, and well-being, as well as the partner's (Gómez-López et al., 2019). Dating and romantic relationships encourage the feeling of connecting with others. Romantic experiences could help teenagers successfully establish autonomy when exploring extra-family relationships and reducing dependence on their parents (Dowdy & Kliewer, 1998; Furman & Shaffer, 2003; Gray & Steinberg, 1999).

As long as people recognize the desire to form a romantic relationship, they probably will notice that getting the ideal mate could be challenging (Finkel et al., 2012). With the help of the advancement of technologies, people tend to go online to start dating and form romantic relationships. The first computer-based matchmaking service, Operation Match, was created in 1965 by a group of Harvard undergrads in the United States. This emerging technology has become the steppingstone for online dating in the future (Lee, 2016).

The evolution of online dating sites can be categorised into (1) online personal advertisement sites, (2) algorithm-based matching sites and (3) mobile dating apps. The origination of web-based personal advertisement sites can be dated back to the release of Match.com in 1995, which functioned as a search engine, allowing users to post and browse for online personal advertisements. In the following years, many sites followed the footstep of Match.com by offering similar services. In 2000, the introduction of eHarmony kick-started the generation of algorithm-based matching sites. Similar sites such as PerfectMatch and Chemistry were launched in 2002 and 2005. These sites offer the services of providing matches according to the processed data provided by the user. Shortly after Apple Inc. opened its Apps Store in 2008, the development of online dating sites entered the third generation: smartphonebased dating apps. These apps included the feature of location-based online dating by utilising mobile internet technology and the global positioning system (GPS), allowing users to browse for potential partners without physical restrictions. These mobile dating apps are regularly launched and have become enormously popular (Finkel et al., 2012).

In 2020s, the number of online dating sites and apps has rapidly emerged over the past decade. For instance, Tinder, Bumble, OkCupid, Match.com, Facebook Dating, Paktor, Tantan etc. (Corpuz, 2021; GMO Research, 2021a). The users of online dating apps are growing at a rapid pace. According to Curry (2021), the individuals using dating app worldwide have increased 46% from 185 million (in 2015) to 270 million (in 2020). Besides, the global dating apps revenue reached USD3.08 billion in 2020. It has increased by 50% over the last four years and is forecasted to exceed USD8.4 billion by the next four years (GMO Research, 2021a).

According to GMO Research (2021a), 32.4% out of 1000 Malaysian have used an online dating app before, and 47.8% out of the 32.4% of Malaysians are currently using an online dating app. Based on Müller's (2022) studies, the adoption rate of online dating apps among young adults in Malaysia is higher when compared to other age categories. Approximately 41% aged 16-24 and 43% aged 24-34 stated that they had used online dating apps. Besides, Tinder has arisen as the most popular online dating app in Malaysia, followed by Dating.com, Tantan, OkCupid, Grindr, Coffee Meets Bagel, Paktor and Bumble (Müller, 2021).

People are using online dating apps as a mechanism to find virtual connections for friendship and emotional support for coping with loneliness. As a matter of fact, there must be an upward trend in relationships starting online. As online dating becomes mainstream, it may lead to more genuine relationships and even marriages (GMO Research, 2021a).

Although the potential value of online dating is still apparent, there is growing evidence that users are at risk. People may forge some or all dating information to attract each other or hide negative personal aspects. In addition, criminals are misusing online dating apps to target victims. Romance scams on online dating sites have been rising recently, and they are able to occasionally lead to major criminality. Some unethical operators may even hire fake daters to recommend it to their users to charge unreasonably high membership fees. Online dating sites are frequently used for suspected fraud and other illicit activities. Those risks may lead to trust issues in online dating apps (Chen et al., 2020).

Young adults nowadays are mostly made up of Generation Y and Generation Z (Leger, 2020). Generation Y is defined as individuals born between 1981 and 1996, while Generation Z is defined as individuals born between 1997 and 2012 (Lathabhavan & Padhy, 2022, p.1). The target respondents of this research are younger Gen-Yers and older Gen-Zers aged 18-30 during this research (born between 1991 to 2004). Looking back at the history, the Internet was invented in 1991 (CERN, 2022). These targeted respondents have the common characteristic of being born after the Internet was invented.

In this research, the theory of UTAUT will be used as a fundamental study for the adoption intention of young adults in Malaysia (18-30 years old) towards online dating apps. The determinants will be (1) performance expectancy (PE), (2) effort expectancy (EE), (3) social influence (SI), (4) facilitating condition (FC), and (5) trust (TR).

### **1.2 Research Problem**

During the COVID-19 pandemic, the countries went into lockdown, and social distancing became the norm. The isolation has created a lot of lonely souls who seek romantic relationships. Therefore, online dating has become one of the best ways to get a date during the lockdown. Online daters tend to spend more time on the apps than before the pandemic. For instance, Paktor reported that users in Singapore spent ten times longer on the apps compared to pre-pandemic. Tantan, a mobile dating app, reported that compared with the average usage time before COVID-19, the average use time of the app during the pandemic has increased by more than 30% (GMO Research, 2021a; GMO Research, 2021b).

Moreover, young adults nowadays are labelled as digital savvy as they are directly and broadly exposed to digital technologies (Parker-Pope, 2019; Turner, 2015). Digital saturation makes young people more socially withdrawn, uneasy, and empowered, reflecting why they have fewer sexual encounters than earlier generations (Parker-Pope, 2019). Another reason young people have fewer sexual encounters may be that they seem to take a more pragmatic approach to relationships than previous generations. Young people are reported to reach financial stability before jumping into a romantic relationship. Besides, they also tend to understand themselves better before pursuing a romantic relationship. This signals a very self-conscious approach to dating, prioritising finding someone meaningful to them rather than just finding someone attractive or interesting. A range of easily accessible resources makes young adults more knowledgeable about finding the right partners (Klein, 2022). Young adults are also reported to be commitment-phobes (Copestake, 2020). Orchard (2020) reported that young adults fear commitment, which includes being scared of saying the word 'date' or 'dating', which suggests formality. The fear of saying that they are dating may be accounted to the fear of telling others they have broken up when it is over. Young people tend to participate in casual dating to shield themselves from harm in a relationship. This result in the word 'dating' seems to be in the past. While seeing people, hookups, and friends with benefits is the latest term used to describe young adults' relationships. The unique perspective of how young adults in this era perceive romantic relationships may influence young adults' perception of online dating apps.

Furthermore, according to Stoicescu (2020), online dating apps feature the ability to find a partner and broaden the horizons of intimacy, leading to new motivational and coordinated actions with repercussions on a social and psychological level. Albury et al. (2019) reported that user experiences discrimination and harassment when using online dating apps. Some participants reported that online dating apps are a source of feeling setbacks, rejection and exclusion. Besides, Alsing et al. (2020) suggested that online dating apps might affect morbidity wider sexually transmitted diseases. Moreover, young adults appear to spend more time on social media and online dating apps. Their interaction is shallow and controlled by their unwillingness to be alone as a result of their high level of reliance on technology (Stoicescu, 2020). Pesce (2019) mentioned that when loneliness is combined with social anxiety, it will result in the overuse of dating apps and life consequences for an individual, leading to addiction to online dating apps. In the worst-case scenario, someone addicted to online dating apps will disregard other crucial aspects of their lives. The above-mentioned past research proposed that using online dating apps will result in social problems, including discrimination, harassment, rejection, exclusion, the prevalence of sexually transmitted diseases, and addiction to online dating apps. These social problems may reflect more serious social issues, even criminal ones. It is vital to observe whether young adults will take social impact into account when coming to the intention of adopting online dating apps.

Lastly, online dating attempts to connect strangers based on their given data and profiles (Chen et al., 2020). People may lie on their online profiles for appealing

purposes (Anderson, 2016). GMO Research (2021b) reported that 12% of online dating app users in Malaysia admitted to fabricating their profiles, 65% of users' profiles are authentic, while 23% of users admitted they fabricate a bit of their profile.

Although the online dating user profile contains certain dishonesty levels, online dating apps are still top-rated. Because of the widespread usage of smartphones and the Internet, online dating apps now allow users to swipe left or right 10 to 100 times when communicating with a potential date in "real life". In addition, the time-effectiveness of online dating apps has driven up the popularity of online dating. Browsing profiles is considered time-saving compared to mingling with people in a social context (Anderson, 2016). Furthermore, online daters report that it is easy to find someone they are physically attracted to or share the same interests with online dating apps (Anderson et al., 2020). Choosing convenience or performance may affect the intention to adopt online dating apps among young adults in Malaysia.

This research aims explore the factors that induce the intention of Malaysian young adults to use online dating apps by referring to the UTAUT model, which includes Performance Expectancy (PE), Effort Expectancy (EE), Social Influence (SI), Facilitation Condition (FC), and Trust (TR). Furthermore, this study would be beneficial for online dating app companies as the study of Trust (TR) is added in the research could fill the gap in previous studies and bring a new perspective to developers and marketers of online dating apps.

# **1.3 Research Objectives**

## 1.3.1 General Objective

This research aims to analyse the determinants that influence the AI towards online dating apps among Malaysian young adults.

# **1.3.2 Specific Objectives**

- i. To investigate the impact of PE towards the Young Adults' intention of the Online Dating Apps adoption.
- ii. To investigate the impact of EE towards the Young Adults' intention of the Online Dating Apps adoption.
- iii. To investigate the impact of SI towards the Young Adults' intention of the Online Dating Apps adoption.
- iv. To investigate the impact of FC towards the Young Adults' intention of the Online Dating Apps adoption.
- v. To investigate the impact of TR towards the Young Adults' intention of the Online Dating Apps adoption.

# **1.4 Research Questions**

- i. Does PE affect Young Adults' AI towards Online Dating Apps in Malaysia?
- ii. Does EE affect Young Adults' AI towards Online Dating Apps in Malaysia?
- iii. Does SI affect Young Adults' AI towards Online Dating Apps in Malaysia?
- iv. Does FC affect Young Adults' AI towards Online Dating Apps in Malaysia?
- v. Does TR affect Young Adults' AI towards Online Dating Apps in Malaysia?

# **1.5 Research Significance**

This study is significant in uncovering the determinants that impact the adoption intention of young adults of online dating apps in Malaysia. Through this research, online dating app developers could analyse the consumer behaviour towards online dating apps by acknowledging the possible determinants that influence the young adults' adoption intention of online dating apps in Malaysia. Besides, the developers of online dating apps could find out and formulate suitable strategies to encourage young adults to adopt online dating apps. By improving their services, the online dating app developers are able to build credibility and trustworthiness with the customers and obtain a competitive advantage in the Malaysia market.

Moreover, future researchers will benefit from this research in terms of earning academic experience. This research will help academics have a more evident mindset on exploring the underlying attitudes of young adults regarding how they perceive online dating apps. It also provides related information on the determinants that affect Malaysian young adults' intention to adopt dating apps. Hence, this research could act as a reference for academics to develop their future studies, specifically the research that relates to online dating apps.

# **1.6** Conclusion

Chapter 1 emphasised the research topic and the importance of carrying out this research. The related theoretical models and past literature will be addressed in depth in Chapter 2.

# **CHAPTER 2: LITERATURE REVIEW**

### 2.0 Introduction

In Chapter 2, prior researcher's studies of UTAUT Model as well as the research variables will be assessed. To examine the variables of adoption intention toward online dating apps among young adults in Malaysia, a study framework and hypotheses are developed.

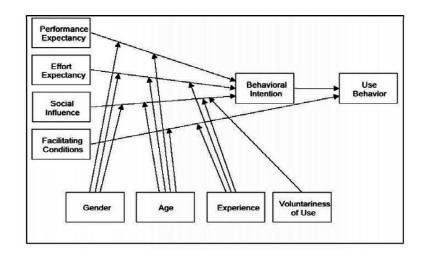
### 2.1 Underlying Theories

Unified Theory of Acceptance and Use of Technology (UTAUT) is known as an extension theory derived from Technology Acceptance Model (TAM) (Venkatesh et al., 2003). To develop this model, researchers reviewed and integrated constructs from the theory of reasoned action (TRA), technology acceptance model (TAM), motivation model (MM), theory of planned behaviour (TPB), a combination of TPB and TAM, model of PC utilisation (MPCU), innovation diffusion theory (IDT), and social cognitive theory (SCT). UTAUT was able to explain 70% of the diversity in usage intention, a substantial enhancement above previous models and their expansions (Garavand et al., 2020). The theory is proposed to determine the intention of a user to adopt an information system and subsequent usage behaviour. Individual adoption and use of information technology are among the most established research topics in the context of information systems (Venkatesh et al., 2007). UTAUT appeared to be the best theory, with the potential to be a valuable tool for management evaluating the impact of new technologies (Garavand et al., 2020). UTAUT is a more integrated theory and has a better predictive power compared to other prior models and theories (Okumus et al., 2018). Therefore, it is the most effective theory to study adoption intention.

UTAUT consists of four root constructs, including performance expectancy (PE), effort expectancy (EE), social influence (SI), and facilitating conditions (FC). Besides, there are moderators such as gender, age, experience, and voluntariness of

use which will influence the behavioural intention and usage behaviour. The theory has been widely utilised as a theoretical framework in studies of user intention and behaviour towards mobile apps' adoption. In the past, many researchers have applied UTAUT in their research. Providing an example, UTAUT was applied in analysing the influence of the essential determinants on the usage intention of mobile devices for learning (Alghazi et al., 2021). UTAUT is applied to study the factors that affect the adoption intention of people with visual impairment towards mobile apps (Moon et al. 2020). Hoque and Sorwar (2017) also implement the UTAUT framework in studying the factors which influence the elderly to adopt mHealth (mobile health) services. Based on the research mentioned above, the main characteristics and effects of UTAUT are assessed in a good manner. However, moderators are less evaluated by other researchers as most of the research mainly focuses on the major impacts of the model (Venkatesh et al., 2016).

In the UTAUT model (Figure 2.1), the four root constructs are considered the direct determinants of behavioural intention and usage behaviour. Performance expectancy is known as one of the significant elements of technology adoption and acceptance. The term is defined as "the measure to which individuals trust that using the system will help him or her to boost job performance" (Venkatesh et al., 2003, p.447). Besides, effort expectancy indicates the easiness associated with the usage of the system. Meanwhile, social influence relates to how much an individual perceives the important individuals believe he or she should utilise the new system. Facilitating condition indicates the extent to which an individual trusts that organisational and technical infrastructure is present to facilitate the usage of the system. Venkatesh et al. (2003) mentioned that performance expectancy accounted for the greatest impact on one's behavioural intention towards the adoption of a technology. The behavioural intention is anticipated to have a significant positive impact on the usage behaviour.



*Figure 2.1.* UTAUT Model. Adapted from Venkatesh, V., Morris, M. G., Davis, G. B., & Davis, F. D. (2003). User acceptance of information technology: Toward a unified view. *MIS Quarterly*, *27*(3), 425.

UTAUT is applied in this study as this theory is suitable for looking into the adoption intention of online dating apps among Malaysian young adults. Performance expectancy, the independent variable in this research, indicates young adults' expectancy towards the effectiveness of the usage experience of online dating apps. Next, effort expectancy shows the belief of young adults towards the ease of use of online dating apps. The social influence will act as an independent variable of the social context surrounding young adults in this research. Facilitating condition refers to the resource availability and support for young adults to adopt online dating apps in this research.

Another independent variable, trust, is added in this research. According to Arpaci (2016, p.152), trust is defined as the faith in the reliability and trustworthiness of the system or services. Previous studies mention that trust could impact the intention to adopt a technology (Alharbi, 2017; Han & Conti, 2020; Patil et al., 2020; Sim et al., 2018). It is highly approved as a factor of the UTAUT model. Therefore, trust that shows the confidence toward online dating apps is used as an independent variable in this research.

Throughout this research, these variables will give an impact on the behavioural intention, which refers to the adoption intention of young adults towards online dating apps.

## 2.2 Review of Variables

# 2.2.1 Dependent Variable (DV) – Adoption Intention Towards Online Dating Apps (AI)

Peng and Cao (2017) mentioned that the adoption of online dating apps results from interactions between individuals, peers, and society, as well as a diffusion of innovation processes. According to Kumar et al. (2018), diffusion is driven by a succession of individual decisions to start adopting new technologies. These decisions are typically predicated on comparing the new technology's uncertain advantages versus the unknown adoption costs. According to Sintonen and Sundqvist (2010), the term "adoption intention" refers to one's eagerness to participate in a particular behaviour; here, readiness to use online dating apps. Fishbein and Ajzen (as cited in Patil et al., 2020) define intention to use as their attitude towards using a system. Kupfer et al. (2016) suggested that adoption intention measures the possibility of an individual performing a specific behaviour in the future. It is also the most critical determinant of online dating apps usage behaviour. According to Welch and Morgan (as cited in Balan et al., 2021), the original intention of online dating apps was to extend users' social circles and networks.

# 2.2.2 Independent Variable (IVs) – Performance Expectancy (PE)

According to Sagnier et al. (2019), performance expectancy refers to the degree at which a person perceives that implementing a system will enhance job performance. Individuals are more inclined to accept innovative technologies if individuals trust that it could improve their ability to

accomplish their jobs (Vermaut & Trybou, 2017). Ogunsola and Olojo (2021) explained performance expectancy as the assumption that employing a specific technology or practice enable to benefit or improve an individual's performance in some way. Hence, performance expectancy reflects the perceived usefulness and effectiveness associated with using online dating apps. According to Nicholson (2014), people could connect with a much larger pool of potential matches through online dating apps compared to meeting physically in their daily lives. Additionally, online dating apps reduce the likelihood of entering relationships only to discover that your partner is the total opposite of what you desired (Orlando, 2021). Therefore, online dating apps' performance could improve online dating apps users' living and companion searching performance.

#### 2.2.3 Independent Variable (IVs) – Effort Expectancy (EE)

According to Chao (2019), in determining intention to use, effort expectancy is a significant factor. Effort expectancy refers to the easiness associated with a system or procedure that can be employed (Ogunsola & Olojo, 2021). It is premised on the concept that there are connections between the amount of effort committed at work, results accomplished, and rewards received from that effort. According to Ustun et al. (2020), the ease of using the system is known as effort expectancy. It also refers to the amount of effort required to utilise a system, regardless of how simple or complex it is. Most people prefer technology that offers flexibility, utility, and ease of use (Catherine et al., 2017). Effort expectancy reflects the ease of use of utilising dating apps. However, the constraints of dating apps, such as poorly designed app interfaces and complex navigations, made it more difficult for users to adopt them.

#### 2.2.4 Independent Variable (IVs) – Social Influence (SI)

Adopting or rejecting an innovation or technology is not merely an individual's decision but is significantly influenced by peers (Peng & Cao, 2017). In human communities, social influence is all around. It manifests itself in many ways, which include obedience, compliance, persuasion, social wandering, social assistance, deindividuation, observer effect, bystander effect, and peer pressure (Izuma, 2017). Peer is frequently used as a primary reference group when making decisions. As a result, if a user's significant others suggest that they use online dating apps, they may follow their opinion. According to Mcleod (2021), social influence can be explained as the process through which the presence or behaviour of others influences one's attitudes, beliefs, or actions. Conformity, compliance, obedience, and minority influence are known as the four facets of social influence. Intentional and unintentional attempts to persuade someone to change their beliefs, attitudes, or behaviour are referred to as social influence (Gass, 2015). Moreover, Peng and Cao (2017) highlighted that positive peer feedback and successful examples of others using online dating apps to meet the right person would be tremendously motivating. Social influence suggests to the impact of peer evaluations on individual user behaviour. When peers find a product beneficial, word-of-mouth could significantly impact their family and friends.

# 2.2.5 Independent Variable (IVs) – Facilitating Conditions (FC)

Ustun et al. (2020) suggest facilitating conditions refer to a person's belief the current organisational as well as technological infrastructure is capable of supporting the adoption of technology. When it comes to this study, it indicated to objective elements, for instance, resources and knowledge that affect the intention to adopt online dating apps. For example, users need to bear the costs of adopting online dating apps, such as communication fees and service fees. Onaolapo and Oyewole (2018) found that indicators such as perceived behavioural control and compatibility play a critical role in determining facilitating conditions. According to Agudo-Peregrina et al. (2016), the level to which a person perceives that existing organisational and technical infrastructure assists one's system usage is referred to as facilitating conditions, whether or not they have the necessary expertise and resources to do so. Moreover, Kamaghe et al. (2020) highlighted that an individual might be hesitant to accept web-based technology due to a lack of guidance, inadequate information, and restricted resources.

#### 2.2.6 Independent Variable (IVs) – Trust (TR)

Trust is characterised as an individual's eagerness to expose themselves to another person in the confident expectation that the trustee will act in accordance with the confident expectation of trustor (Mayer et al., 1995). Trust is the careful thoughts or impressions one has about another party regarding honesty, goodness, and competence, resulting in trusting behaviour intentions. According to prior studies, trust influences the perceived advantages of dating platforms, as well as the intention to adopt the platforms (Chen et al., 2020). In addition, it has been demonstrated that a user's social presence and trust experiences affect their decision to adopt online communities in general (Srivastava & Chandra, 2018). Therefore, trust has been identified as an essential component in raising benefit perceptions and decreasing risk perceptions for mobile apps.

## 2.3 Conceptual Framework

A research framework is modified according to the review of related underlying theories and literature. In Figure 2.2, the IVs indicate Performance Expectancy (PE), Effort Expectancy (EE), Social Influence (SI), Facilitating Conditions (FC) and Trust (TR) shall affect the DV, which is Adoption Intention (AI) towards online dating apps among young adults in Malaysia.

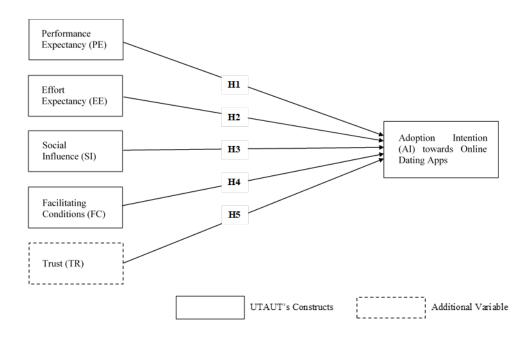


Figure 2.2. Proposed Research Framework

# 2.4 Hypothesis Development

# H1: Performance expectancy (PE) significantly influences the adoption intention towards online dating apps among young adults in Malaysia.

Performance expectancy is strongly linked to technology adoption (Alghatrifi & Khalid, 2019). According to a study by Chopdar et al. (2018), apps that provide a variety of useful tasks will considerably increase the desire to adopt mobile apps. Arora et al. (2020) also mentioned that the cumulative benefits supplied by mobile apps would impact performance expectancy and improve the motivation of people to utilise mobile apps. Hence, the adoption of mobile apps was significant when the benefits provided by the apps were high. According to Hew et al. (2015), users are more inclined to accept mobile apps since those apps are beneficial in their daily lives. It is predicted that individuals tend to adopt online dating apps if they perceive the advantages and usefulness of the apps.

H2: Effort expectancy (EE) significantly influences the adoption intention towards online dating apps among young adults in Malaysia.

Individuals tend to embrace mobile technology if they perceive it is user-friendly and the interface interaction is straightforward and comprehensible (Giovanis et al., 2018). According to Malik et al. (2017), app adoption will evoke pleasant feelings and lead to pleasure if it is simple to use. When a mobile app is less sophisticated and easier to use, the users tend to adopt it. Online dating apps must be welldesigned to be simple to use and understand. It is stated that the less effort people need to access an app, the greater the tendency they are to adopt it (Duan & Deng, 2021). It is hypothesized that individuals tend to adopt online dating apps if they perceive the apps required less effort to use.

# H3: Social influence (SI) significantly influences the adoption intention towards online dating apps among young adults in Malaysia.

Social impact has a direct impact on intention behaviour because it influences potential users' attitudes. Individuals' intentions to adopt technology are higher when there is reasonable social assistance for doing so (Saprikis et al., 2021). According to Duan and Deng (2021), significant individuals such as friends, family members, co-workers, and other prominent people substantially affect the contact tracking apps' adoption. The more powerful those people's influence is, the more an individual is likely to follow their opinion in using the apps. The study by Arora et al. (2020) discovered that peer influence was critical in determining app adoption by investigating the social impact on how individuals were exposed to the latest apps. Besides, individuals' social networks also significantly impact one's acquisition of mobile apps, as demonstrated by Malik et al. (2017). Therefore, it is predicted that social influence will affect the Malaysian young adults' adoption intention towards online dating apps.

# H4: Facilitating conditions (FC) significantly influence the adoption intention towards online dating apps among young adults in Malaysia.

The facilitating condition captures individuals' judgments of the resources obtainable to aid the adoption, encompassing external and internal variables that impact individuals' adoption intentions, according to Venkatesh et al. (2016). In

particular, a user who is accessible to a desirable set of enabling requirements will increase the chances to adopt a technology. Users intend to adopt mobile apps if they have the appropriate resources and support, such as online assistance, mobile devices, internet connectivity, etc (Hew et al., 2015). According to Puriwat and Tripopsakul (2021), facilitating conditions substantially and positively impact social networking app adoption behaviour. While not all users have a limitless mobile internet connection, the extent to which mobile apps performance is dependent on continuous internet connectivity may influence users' intention to adopt mobile apps (Vinnik, 2017). It is hypothesized that the facilitating condition will influence Malaysian young adults' intention to adopt online dating apps.

# H5: Trust (TR) significantly influences the adoption intention towards online dating apps among young adults in Malaysia.

According to Chao (2019), an essential element that impacts the intention of people to use internet technology is trust. People are less inclined to trust internet technologies when the risk level increases (Arfi et al., 2021). Besides, trust is also crucial in deciding subsequent actions between two or more parties and building interpersonal and commercial relationships (Waseem et al., 2018). People who are grouped have similar values and aims tend to view each other favourably according to the theory of perceived similarity (Liu & Xiong, 2016). Users who believe that other Internet users are like them are more likely to trust them, especially in social apps. It is predicted that the absence of trust has negative consequences on user experience, reducing consumers' willingness to adopt the apps.

## 2.5 Conclusion

Within this chapter, underlying theories are discussed. In addition, a study framework and hypotheses were constructed in demonstrating the association between variables.

# **CHAPTER 3: METHODOLOGY**

### 3.0 Introduction

Chapter 3 will go through the research methods applied in this study. A pilot test will be conducted, and the data analysis tools will be suggested and evaluated.

# 3.1 Research Design

A quantitative research approach is applied for accurate analysis. The quantitative research approach emphasises gathering and evaluating measurable, organised data, and the results interpreted can be represented statistically (Goertzen, 2017). According to Goertzen (2017), one of the main objectives is to provide accurate, at the same time, reliable measurements for statistical analysis. The quantitative approach is used to obtain results from a larger sample size. Thus, it is suitable for this research context. Furthermore, the descriptive research design is applied to determine the factors of online dating apps' adoption intention among young adults in Malaysia. The descriptive research method explains phenomena and traits using statistical analysis to determine the relationship (Akhtar, 2016). According to Akhtar (2016), descriptive research describes conditions such as social events, social structure, and social situations. This research design is used to investigate current situations and answer the questions regarding what, who, where, how and when (Akhtar, 2016). It emphasises the determinants instead of the association between the variables. As this research investigates the determinants of adoption intention, descriptive research design can be applied in this study context.

# 3.2 Sampling Design

#### **3.2.1 Target Population**

The targeted population for this study is young adults aged 18-30 in Malaysia. According to a past study on young adults coping with loneliness, the age range is determined from 18 to 30 years old (Golemis et al., 2021). Besides, according to the Youth Societies and Youth Development (Amendment) Act 2019, youth is defined as between 15 and 30 years old. Besides, the age of the majority is 18 years old or older, according to the Age of Majority Act of 1971. Many major online dating sites and apps have an age limitation of 18 years old. For instance, minors below 18 years old are prohibited from using online dating sites and apps (Bumble, 2021; OkCupid, 2022; Tinder, 2021; Tan Tan, n.d.). Thus, specifically, in this research, the target population is Malaysian young adults aged 18 to 30 years old.

#### 3.2.2 Sampling method

As the sampling frame for Malaysian young adults aged above 18 is unavailable, this study uses a non-probability sampling method, known as the judgemental sampling method, to collect data. Recently, researchers have been using a judgmental sampling method to study adoption intention using the UTAUT model (Daka & Phiri, 2019; Mahardika & Giantari, 2020; Rosnidah et al., 2018). Judgemental sampling design means that the samples are selected according to the judgement of the researcher (Etikan & Bala, 2017). Furthermore, judgemental sampling is cheap, easy, time-saving and ideal for quantitative research design (Taherdoost, 2016).

The researchers selected samples with a certain understanding of online dating apps in this research. The selected samples are (1) aged from 18 years old to 30 years old, (2) have at least heard about online dating apps before and (3) never used or currently not using online dating apps. Furthermore, the respondents are expected to read and understand English as the questionnaire is conducted in English. The questionnaire is distributed to the respondents who meet the requirements. This sampling method allows researchers to reach the right audience.

#### 3.2.3 Sample size

According to Population Pyramid (2021), Malaysia's total population in 2021 is 32,776,195 people. Approximately 7,390,831 Malaysians are aged 18 to 30.

According to DataStar (2008), at a confidence level of 95%, the tolerable margin of error applied by survey researchers is between 4% and 8%. In this research, the margin of error is 6% at a 95% confidence level, the population size is approximately 7,400,000, and the response distribution is 50%. Using the sample size calculation based on the normal distribution, as shown in Figure 3.1, the recommended minimum sample size is 267 (Raosoft, 2004). In this research, the sample size will be 280.

What margin of error can you accept? 5% is a common choice	6 %	The margin of error is the amount of error that you can tolerate. If 90% of respondents answer <i>yes</i> , while 10% answer <i>no</i> , you may be able to tolerate a larger amount of error than if the respondents are split 50-50 or 45-55. Lower margin of error requires a larger sample size.
What confidence level do you need? Typical choices are 90%, 95%, or 99%	95%	The confidence level is the amount of uncertainty you can tolerate. Suppose that you have 20 yes-no questions in your survey. With a confidence level of 95%, you would expect that for one of the questions (1 in 20), the percentage of people who answer yes would be more than the margin of error away from the true answer. The true answer is the percentage you would get if you exhaustively interviewed everyone. Higher confidence level requires a larger sample size.
What is the population size? If you don't know, use 20000	7400000	How many people are there to choose your random sample from? The sample size doesn't change much for populations larger than 20,000.
What is the response distribution? Leave this as 50%	50 %	For each question, what do you expect the results will be? If the sample is skewed highly one way or the other,the population probably is, too. If you don't know, use 50%, which gives the largest sample size. See below under <b>More information</b> if this is confusing.
Your recommended sample size is	267	This is the minimum recommended size of your survey. If you create a sample of this many people and get responses from everyone, you're more likely to get a correct answer than you would from a large sample where only a small percentage of the sample responds to your survey.

*Figure 3.1.* Calculation of sample size. Adapted from Raosoft. (2004). *Sample size calculator*. Retrieved from http://www.raosoft.com/samplesize.html

# **3.3 Data Collection Methods**

#### 3.3.1 Primary Data Collection Procedures

The term "primary data" refers to a dataset that was obtained directly by the researcher for the purpose of a certain study. Various methods can be used to collect primary data (Salkind, 2010). Questionnaires will be the primary data collection technique in this research. Questionnaires are an affordable, efficient, and effective way to gather huge amounts of data from a larger sample of people. Data can be obtained in a short amount of time because the researcher is unnecessary to be onsite when the surveys are being completed by the respondents (McLeod, 2018). Google Forms will be the tool for creating online questionnaires in this research as it includes basic data validation, skip logic, and a variety of question kinds. Researchers may contact to as many people as they hope for rapid and efficiently with online questionnaires (QuestionPro, 2021). The online questionnaire will be distributed by email, QR codes, social media and online pages. The primary data would be collected by distributing questionnaires to 280 young adult participants.

#### **3.3.2** Questionnaire Design

The questionnaire is in English and is categorised into three sections: Pre-Screening, Section A and Section B. Respondents are requested to answer three screening questions in pre-screening section to ensure the respondents' validation before continuing to the subsequent section. In Section A, demographic profiles, for instance, age, gender, race and sexual orientation, are required from the target respondents. Section B focused on the response of respondents regarding the IVs (PE, EE, SI, FC and TR) and DV (AI) of this research. There are a total of 30 questions in this section, and 5 questions are allocated for each construct. The items adopted are being modified to suit this research study. The Five-Point Likert Scale is applied in the design of questions in Section B with the scale from strongly disagree to strongly agree.

Table 3.1Sources of Measurement Items

Constructs		Items	Adopted From
Performance Expectancy (PE)	PE1	I think that online dating apps are useful.	Venkatesh et al. (2012);
	PE2	I think using online dating apps would increase my chances of achieving what is important to me.	Chao (2019)
	PE3	If I use online dating apps, it could satisfy my dating needs.	
	PE4	I think using online dating apps increases dating chances.	
	PE5	I think online dating apps would be advantageous to expand my social network.	(2020)
Effort Expectancy (EE)	EE1	It would not take me long to learn how to use online dating apps.	Venkatesh et al. (2003); Chao (2019)
	EE2	My interaction with online dating apps is clear and understandable (The apps' interface is well customized and easy to understand).	
	EE3	I think online dating apps are easy to use.	

	EE4 EE5	I think it is easy for me to become skilful at using online dating apps. I think it is easy to get online dating apps to do what I want them to do.	
Social Influence (SI)	SI1	People who are important to me think that I should use online dating apps.	Venkatesh et al. (2012); Saprikis et al.
	SI2	People who influence my behaviour think that I should use online dating apps.	(2021)
	SI3	People whose opinions that I value prefer that I use online dating apps.	
	SI4	Peers' suggestions and recommendations will affect my decision to use online dating apps.	Peng and Cao (2017)
	SI5	I would use online dating apps because the proportion of my peers uses online dating apps.	
Facilitating Conditions (FC)	FC1	I have the resources necessary to use online dating apps.	Venkatesh et al. (2003);

	FC2	I have the knowledge necessary to use online dating apps.	Saprikis et al. (2021)
	FC3	Online dating apps are compatible with other technologies I use.	
	FC4	I can get help from others when I have difficulties using online dating apps.	
	FC5	Using online dating apps is entirely within my control.	
Trust (TR)	TR1	I think that online dating apps are trustworthy.	Chao (2019)
	TR2	I trust in online dating apps.	
	TR3	I do not doubt the honesty of online dating apps.	
	TR4	Even if not monitored, I would trust online dating apps to do the job right.	
	TR5	Online dating apps have the ability to fulfill its task (e.g matchmaking, chatting, privacy assurance).	
	AI1	I intend to use online dating apps in the future.	Saprikis et al. (2021)

Adoption Intention (AI)	AI2	I predict I will use online dating apps in the future.	
	AI3	I plan to use online dating apps in the future.	
	AI4	I intend to continue using online dating apps when necessary or I want to.	Venkatesh et al. (2012)
	AI5	I will recommend others to use online dating apps.	Wei et al. (2021)

#### 3.3.3 Pilot Study

Based on Arain, Campbell, Cooper, and Lancaster (as cited in Lowe, 2019), a pilot study is a brief feasibility study intended to evaluate several aspects of survey methodologies before employing them in a more extensive, detailed, or confirmatory research. Sample size rules of thumb are the most straightforward approaches for deciding a pilot study's sample size. For the pilot study, Browne suggests a minimum sample size of 30 participants, while Kieser and Wassmer suggest 20 - 40 participants (Whitehead et al., 2016). As a result, the pilot study will be done by distributing the questionnaire to 30 people aged between 18 and 30.

According to the reliability analysis from Table 3.2, components of this survey are reliable as Cronbach's Alpha score for every component is higher than 0.7, which concludes that the level of reliability is more than good.

Table 3.2Reliability Analysis for Pilot Study

Variables		Number of Items	Cronbach's Alpha	Results of Reliability
Dependent Variable (DV)	AI	5	0.921	Very Good
Independent Variables (IV)	PE	5	0.867	Very Good
	EE	5	0.755	Good
	SI	5	0.897	Very Good
	FC	5	0.828	Very Good
	TR	5	0.783	Good

## 3.4 Proposed Data Analysis Tool

Statistical Package for Social Science (SPSS) software is proposed to interpret collected data (Puteh & Azman Ong, 2017).

#### **3.4.1 Descriptive Analysis**

To summarise the raw data, descriptive analysis will be conducted in this research (Kaur et al., 2018). This analysis includes the measures of frequency, central tendency, dispersion, and position. As descriptive analysis compresses data which consists of the demographic data into a concise summary, it allows researchers to interpret the data easily and evaluate specific populations in a more structured manner.

#### 3.4.2 Internal Consistency Analysis

The internal consistency analysis will be applied to assess the consistency and accuracy of outcomes across the test variables (Hajjar, 2018). Sekaran and Bougie (2016) insisted that the most usual internal consistency measure would be Cronbach's Alpha. The application of Cronbach's Alpha can determine the test values' reliability. The rule of thumb on Cronbach's Alpha is shown in Table 3.3 (Malhotra et al., 2017):

Table 3.3

Rule of Thumb on Cronbach's Alpha

Cronbach's Alpha Range	Level of Reliability
<0.60	Poor
0.60 to < 0.70	Fair
0.70 to < 0.80	Good
0.80 to < 0.95	Very Good

Note. From Malhotra, N. K., Nunan, D., & Birks, D. F. (2017). *Marketing Research: An applied approach*, (5<sup>th</sup> ed). United Kingdom: Pearson.

Cronbach's Alpha scale spans from 0 to 1, which is being used to access the value of accuracy of each variable. As shown in Table 3.3, a rule of thumb shows that a reliability score of 0.6 to less than 0.7 suggests a fair level of reliability. Meanwhile, reliability score that greater than 0.8 or above shows a very good level of reliability. Nevertheless, when the value exceeds 0.95, it is not necessarily desirable as this suggests redundancy of response.

#### 3.4.3 Inferential Analysis

#### 3.4.3.1 Multiple Regression Analysis

Multiple regression analysis examines relationships between IVs and one DV (Malhotra et al., 2017). This analysis is mainly used to identify the effect of several IVs on a DV. According to Kurniatullah and Pramudi (2017), the common form of the multiple regression equation is as follows:

$$Y = a + b_1X_1 + b_2X_2 + b_3X_3 + b_4X_4 + b_5X_5 + \dots + b_kX_k$$

The equation generated for this research is as follows:

$$AI = a + b_1(PE) + b_2(EE) + b_3(SI) + b_4(FC) + b_5(TR)$$

Whereby,

- AI = Adoption Intention of Online Dating Apps
- A = constant
  PE = Performance Expectancy
  EE = Effort Expectancy
  SI = Social Influence
  FC = Facilitating Conditions
  TR = Trust

By using this equation, the researchers are able to predict the value of DV (AI) by using the values of IVs (PE, EE, SI, FC, TR).

## 3.5 Conclusion

Chapter 3 has explained all the research methods and tools that were applied in this research, and it would act as guidelines for implementing the data analysis in Chapter 4.

## **CHAPTER 4: DATA ANALYSIS**

### 4.0 Introduction

In Chapter 4, data analysis is used to analyse the research findings. 296 questionnaires were administered, and 280 valid responses were collected. A descriptive analysis is performed first followed by a reliability test. Preliminary data screening was performed to see if multicollinearity and the issue of non-normality are present. Nevertheless, Multiple Linear Regression Analysis is employed to analyse the collected data. Version 26.0 SPSS is used to examine data for this research.

## 4.1 Descriptive Analysis

#### 4.1.1 Gender

According to Figure 4.1, the number of female participants outnumbered the male participants in the present study. 64.6% of the respondents are female (N=181), while the rest are male (N=99, 35.4%).

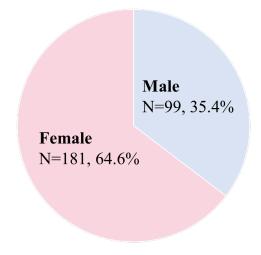


Figure 4.1. Gender of Respondents

#### 4.1.2 Race

Among the 280 valid responders shown in Figure 4.2, Chinese respondents accounted for the largest portion of 86.4% (N=242), followed by 7.9% of Malay respondents (N=22) and 5.7% of Indian respondents (N=16). In this study, there are fewer Malay and Indian respondents. The possible reason might be that most Malay and Indian communities still believe that arranged marriages would be the appropriate way to develop a love relationship. Due to their cultures, only a small portion of them allow their child to find their loved ones by themselves (Zhang, 2005; Kukreja, 2022).

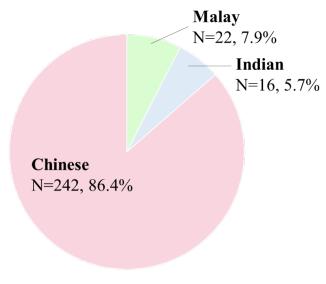


Figure 4.2. Race of Respondents

### 4.1.3 Sexual Orientation

According to Figure 4.3, most of the respondents are heterosexual which are attracted to people of the opposite sex (N=269, 96.1%). At the same time, ten respondents claim that their sexual orientation is bisexual (3.6%). Only one homosexual respondent is reported in this study, consisting of only 0.4%.

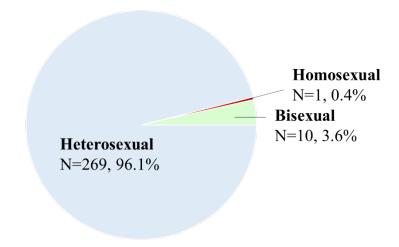


Figure 4.3. Sexual Orientation of Respondents

#### 4.1.4 Popularity of Online Dating Apps

Among this study (Figure 4.4), Tantan is the most popular online dating app which approximately 37% of people heard about this app before, followed by Tinder (30.9%), Facebook Dating (16.4%) Bumble (4.5%), OkCupid (3.9%), Paktor (3.4%) Match.com (2.4%), Soul (0.7%), Coffee Meets Bagel (0.4%) and Grindr (0.1%).

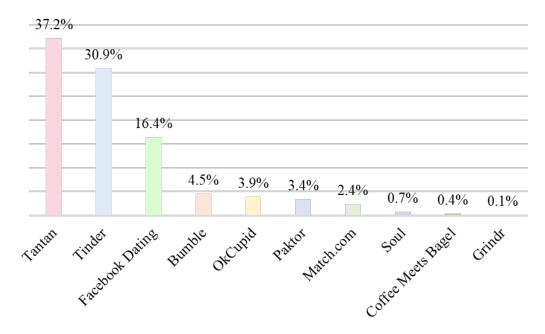


Figure 4.4. Popularity of Online Dating Apps

## 4.2 Internal Consistency Analysis

According to the rule of thumb on Cronbach's Alpha, variables with a Cronbach Alpha range above 0.8 have a very good reliability (Malhotra et al., 2017). According to Table 4.1, all the tested variables' Cronbach Alpha scores are higher than 0.8, so the reliability is very good. It also shows that the consistency and accuracy of the result are reliable.

Table 4.1:

Variables		Number of Items	Cronbach's Alpha	Results of Reliability
Dependent Variable (DV)	AI	5	0.928	Very Good
Independent Variables (IV)	PE	5	0.871	Very Good
	EE	5	0.831	Very Good
	SI	5	0.911	Very Good
	FC	5	0.850	Very Good
	TR	5	0.889	Very Good

Result of Reliability

## 4.3 Inferential Analysis

### 4.3.1 Multiple Regression Analysis

According to Moore and Flinger (2013), it states that when the range of R-squared value is between 0.5 and 0.7, it can be considered a moderate effect size. Based on Table 4.2, the R-squared value is 0.565. It means that 56.5% of the variability of young adults' AI towards online dating apps can be justified by all IVs in this research.

Table 4.2:

Model Summary

Model	R	R-Square	Adjusted R Square	Std. Error of the Estimate
1	.752ª	.565	.557	3.30599

a. Predictors: (Constant), TR, EE, SI, FC, PE

Based on Table 4.3, the F-value of this research is 71.157, and P-value is <0.0001. The relationship between IVs and DV is statistically significant as the P-value is lower than 0.05 (McLeod, 2019). Thus, PE, EE, SI, FC and TR can demonstrate the variation in AI toward online dating apps among young adults in Malaysia.

#### Table 4.3:

Anova Result

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	3888.592	5	777.718	71.157	.000 <sup>b</sup>
	Residual	2994.708	274	10.930		
	Total	6883.300	279			
ı. D	Dependent Va	riable: AI				

b. Predictors: (Constant), TR, EE, SI, FC, PE

Table 4.4 shows the P-values of PE, SI, and TR are <0.0001, which is lower than 0.05. This means that these three IVs significantly influence AI. On the other hand, EE and FC have the P-values of 0.889 and 0.410 each, greater than 0.05. This indicates that EE and FC have no significant relationship with AI. Besides, the standardised coefficient of SI (0.318) suggests that it is the most influential IV as it has the largest absolute value among other IVs. The unstandardised PE, SI, and TR coefficients positively correlate with AI. Hence, the multiple regression equation is as below:

AI = 0.263 + 0.327(PE) + 0.310(SI) + 0.340(TR)

According to Malhotra et al. (2017), the equation above explains when AI increases by 0.327, 0.310 and 0.340 units respectively when the IVs of PE, SI and TR increase by one unit.

Table 4.4:

Model		Unstandardized Coefficients		Standardized Coefficients		
		В	Std. Error	Beta	t	Sig.
1	(Constant)	.263	1.158		.227	.821
	РЕ	.327	.069	.284	4.732	0.000
	EE	.010	.073	.007	.139	.889
	SI	.310	.051	.318	6.071	0.000
	FC	052	.063	044	826	.410
	TR	.340	.065	.300	5.246	0.000
a. I	Dependent Va	ariable:	AI			

Coefficients of Equation

To sum up, H1, H3 and H5 are accepted while H2 and H4 are rejected.

## 4.4 Conclusion

In conclusion, the outcomes of the collected data were analysed and interpreted in this chapter. SPSS software is applied to generate the outcomes of the collected data, which were then interpreted in table formats in this research.

## CHAPTER 5: DISCUSSION, CONCLUSION, AND IMPLICATIONS

## 5.0 Introduction

The important findings, implications in the view of theoretical and managerial perspectives, research limitations, and recommendations for further studies will be highlighted in Chapter 5.

## 5.1 Discussions of Major Findings

Based on Table 5.1, the summary of the hypothesis testing outcome was developed.

Table 5.1:

Summary of the results of hypothesis testing

Hypothesis	Sig.	Result
H1: Performance expectancy (PE) significantly	0.000	Supported
influences the adoption intention towards online dating		
apps among young adults in Malaysia.		
H2: Effort expectancy (EE) significantly influences the	0.889	Not
AI towards online dating apps among young adults in		supported
Malaysia.		
H3: Social influence (SI) significantly influences the AI	0.000	Supported
towards online dating apps among young adults in		
Malaysia.		
H4: Facilitating conditions (FC) significantly influences	0.410	Not
the AI towards online dating apps among young adults in		supported
Malaysia.		

H5: Trust (TR) significantly influences the AI towards	0.000	Supported	
online dating apps among young adults in Malaysia.			

## H1: Performance expectancy (PE) significantly influences the adoption intention towards online dating apps among young adults in Malaysia.

The finding shows that PE significantly influences Malaysian young adults' adoption intention towards online dating apps. This research has discovered that users are concerned about the usefulness of dating apps in carrying out beneficial functions such as expanding social networks, increasing dating chances, and satisfying dating needs. The result is compatible with the prior study. Based on the past research by Saprikis et al. (2021), it has been discovered that users' performance expectancy has a major influence on their desire to pursue mobile apps if they feel that using mobile apps will result in positive outcomes.

## H2: Effort expectancy (EE) significantly influences the adoption intention towards online dating apps among young adults in Malaysia.

There is a contradictory result whereby EE has no significant influence on the adoption intention of online dating apps among young adults in Malaysia. The finding is incompatible with an earlier study that stated that effort expectancy could affect the intention to adopt a technology (Abrahão, Moriguchi & Andrade, 2016). However, previous research by Alowayr (2022) is consistent with the finding of this research, as EE had no substantial impact on mobile technology adoption intentions since most users are unconcerned with the required effort and time in utilising technology. Hence, it could further explain that although young adults may take some time to discover how to use online dating apps' features, they are ready to adopt them due to the benefits of the apps in facilitating their usage performance.

# H3: Social influence (SI) significantly influences the adoption intention towards online dating apps among young adults in Malaysia.

According to the results, SI significantly influences Malaysian young adults' adoption intention towards online dating apps. According to this study, the people who are significant to them, especially peers have affected on their decision to use online dating apps. The significant people tend to affect their intention by communicating the advantages of online dating apps and will recommend the individual to use the apps. This can be supported by Peng and Cao (2017) that social influence such as peer influence becomes more directly influential to an individual in becoming online dating apps adopters.

# H4: Facilitating conditions (FC) significantly influences the adoption intention towards online dating apps among young adults in Malaysia.

H4 is rejected based on the findings whereby FC has no significant influences on the Malaysian young adult's adoption intention towards online dating apps. A past study by Puriwat and Tripopsakul (2021) demonstrated that facilitating conditions affect user adoption behaviour. However, this research finding is inconsistent with the earlier study. The probable explanation may be that the users are familiar with the operation of mobile technology. There is less requirement for technological infrastructure and support from the users to adopt mobile technology; hence, it was not the primary concern of most users (Alowayr, 2022).

# H5: Trust (TR) significantly influences the adoption intention towards online dating apps among young adults in Malaysia.

According to the findings, TR significantly influences the Malaysian young adults' adoption intention towards online dating apps. The result is consistent with a past research by Almaiah et al. (2020). There is a greater reluctance to make the decision in adopting mobile services due to a lack of trust. Therefore, when trust improves, there will be less reluctance from the young adults to adopt online dating apps and increase the number of users using online dating apps.

## 5.2 Implications of The Study

#### **5.2.1** Theoretical Implications

In terms of theoretical implications, this research contributes by providing insights on the "Determinants of Online Dating Apps Adoption Intention Among Young Adults in Malaysia". The theoretical framework of the UTAUT model is used in this research to examine the adoption intention. The theory is proposed to discover user intent to adopt an information system and subsequent usage behaviour. This research modifies the UTAUT model by including an additional variable - Trust (TR). In this research, Performance Expectancy (PE), Social Influence (SI) and Trust (TR) indicate positive influence towards online dating apps (ODA) adoption. While the hypothesis of Effort Expectancy (EE) and Facilitating Conditions (FC) positively influencing online dating apps adoption are rejected. Previously, limited research studied how TR can influence the adoption of ODA. Therefore, the study of the additional variable – TR in this research may provide better insights into future research on dating apps adoption. People are more likely to adopt dating apps at lower risk. Furthermore, this research has contributed to the relevant online dating app research field. Many researchers have adopted the UTAUT model in studying mobile payments apps, e-banking apps, learning apps, etc. However, no foundable study has been done on the adoption intention of online dating apps using this model. This research reflects the broad range of activities and outcomes undertaken and achieved. Relevant researchers who are studying this topic may benefit from this study. To sum up, the study of the UTAUT model in this research is partially supported as two hypotheses are rejected. Hence, further study of the theory is needed, or modifications are necessary.

### 5.2.2 Managerial Implications

Besides theoretical implications, some managerial implications have been made for the development and usage of online dating apps.

First and foremost, ODA developers should pay more attention to TR towards ODA as there have been limited studies on this topic previously. The findings recommend that TR is a significant determinant influencing the adoption intention. TR has been identified as an essential determinant in raising advantage perceptions and lowering perceived risks. When it comes to online dating, TR towards the intermediary (for example, the online dating apps) and other human parties (e.g., other users on the app) might have varying effects on individuals' adoption intention. For instance, ODA developers should focus more on verifying the authenticity of users' identities. ODA developers should consider creating adequate information verification and privacy protection policies to alleviate individual apprehensions about online dating. Individuals' perceived risks will be reduced as a result of their reservations about privacy infringement.

Second, ODA developers should focus on the PE of the ODA. As this research suggests that PE has a positive influence on the adoption intention, the effectiveness in finding the right partner in online dating apps is very crucial. Assessing users' profiles and getting feedback from users is very important to increase efficacy. To exemplify, developers may show testimonials or feedback from real users showing the effectiveness in finding a perfect match in the apps.

On the other hand, SI positively influences adoption intention in this study. Young adults appear to use social media and online dating apps more due to the influence of their peers and the people around them. Peers greatly influence users' adoption intention; the satisfaction and pleasure in using the app would motivate them to recommend it to their peers. For instance, ODA developers may consider implementing a referral reward program by incentivizing previous customers to recommend the apps to their family and friends.

## 5.3 Limitations and Recommendations of Study

The data collection method utilised for this study is limited. Google Forms was chosen for the data collection method since the survey was carried out amid the Covid-19 pandemic. The team noticed that the respondents might not put in the full effort while filling up the questionnaire. The response collected for the study might not reflect the genuine attitude or behaviour towards the adoption of online dating apps. Due to the Covid-19 pandemic, there are a variety of research questionnaires being distributed on social media due to convenience, causing the questionnaires to be generalised, overlooked, and ignored by the participants. Even though the participants are aware of the questionnaires, most are unwilling to participate. Due to this situation, the data collection efficiency fell behind, and the duration of the data collection process was dragged down. Therefore, future researchers are encouraged to provide incentives to the respondents that have successfully filled up the questionnaires. It will be more efficient for the data collection process as the potential respondents will be triggered by the reward given and pay attention to the questionnaires distributed. With the incentives offered by the researchers, the participants could feel the sincerity, thus feel a sense of worthiness, and increase their willingness to fill up the questionnaires.

Besides, limitations are found in the demographic profile of the respondents. According to the demographic profile, Chinese respondents hold the biggest portion of the population, 86.4%, while Malay and Indian respondents occupied 7.9% and 5.7%, respectively. The reason behind this may be caused by the cultural difference between the Malay and Indian communities. Due to their beliefs, the majority of them still feel that planned weddings are the best way to build a love relationship, and only a tiny percentage of them allow their children to discover their loved ones on their own (Zhang, 2005; Kukreja, 2022). Thus, they may not find the questionnaires relevant to them. Due to data limitations, the study might not accurately reflect Malay and Indian individuals' intended behaviour in adopting online dating apps. Hence, future researchers are encouraged to conduct future studies focusing on specific races to discover more about their adoption behaviour towards online dating apps. This kind of study can help determine different aspects

and perspectives on the adoption intention of online dating apps. It may also act as a reference to the online dating companies that intend to target the market of different race communities.

## 5.4 Conclusion

In short, the key findings were discussed according to the hypotheses testing result. To provide better insights and recommendations to the future practitioner and policy makers, theoretical and managerial implications was proposed. Limitations and recommendations were mentioned in this study to assist the future researchers to further improve research quality.

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#### APPENDICES

#### **Appendix 1.1 Survey Questionnaires**



## UNIVERSITI TUNKU ABDUL RAHMAN FACULTY OF BUSINESS AND FINANCE BACHELOR OF MARKETING (HONS) FINAL YEAR PROJECT

## Title of topic: Determinants of Online Dating Apps Adoption Intention Among Young Adults in Malaysia

#### Survey Questionnaire

Dear respondents,

We are undergraduate students in Bachelor of Marketing (Hons) from Universiti Tunku Abdul Rahman (UTAR) Kampar campus. Currently, we are conducting our Final Year Project to study the determinants that influence the adoption intention of young adults towards online dating apps.

Please take a few moments to answer the following questions. There will be no risk involved in your participation in this survey. All the responses will be kept confidential and used for academic purposes only. We seek your participation to enable us to collect more information for our study. With this, we would like to thank your contribution in advance.

If you have any questions regarding this research, kindly reach us via email addresses.

<u>Student's Name</u>	ID	<u>E-mail</u>
Chan Xin Yi	1804941	angelchan.9892@1utar.my
Choy Jey Ni	1801962	choyjeyni@1utar.my
Chua Zhen Ling	1805522	zhenling@1utar.my
Ng Sin Jie	1802394	sinjie0410@1utar.my
Ong Sook Kwan	1805318	ongsk2000@1utar.my

#### **Pre-Screening**

- 1. Are you aged 18 to 30 years old?
  - □ Yes
  - $\Box$  No

2. Have you heard of any online dating apps before?

- □ Yes
- □ No

3. Have you used any online dating apps before?

- $\Box$  No
- $\Box$  Yes, but currently not using
- $\Box$  Yes, and currently still using

#### Section A: Demographic Information

Please tick on the most appropriate option to represent your answer.

- 1. Gender
  - □ Male
  - □ Female
- 2. Race
  - □ Malay

- □ Chinese
- □ Indian
- $\Box$  Other(s), please state:
- 3. Sexual orientation
  - □ Heterosexual (Attracted to people of the opposite sex)
  - □ Bisexual (Attracted to people of both sexes)
  - □ Homosexual (Attracted to people of the same sex)
  - □ Asexual (Not sexually attracted to other people)
- 4. Which of the online dating apps listed below that you have heard/used before?
  - □ Tinder
  - □ Bumble
  - □ OkCupid
  - □ Match.com
  - □ Facebook Dating
  - □ Paktor
  - 🗆 Tantan
  - $\Box$  Other(s), please state:

# Section B: Determinants that influence the adoption intention towards online dating apps among young adults.

Respondents are required to tick on the most appropriate option to represent your answer. Kindly select the most relevant option of each statement based on the 5 points scale [ (1) = Strongly Disagree; (2) = Disagree; (3) = Neutral; (4) = Agree; (5) = Strongly Agree ].

## **Performance Expectancy**

	Strongly	Disagree	Disagree	Neutral	Agree	Strongly	Agree
--	----------	----------	----------	---------	-------	----------	-------

PE1	I think that online dating apps are useful.	1	2	3	4	5
PE2	I think using online dating apps would increase my chances of achieving what is important to me.	1	2	3	4	5
PE3	If I use online dating apps, it could satisfy my dating needs.	1	2	3	4	5
PE4	I think using online dating apps increases dating chances.	1	2	3	4	5
PE5	I think online dating apps would be advantageous to expand my social network.	1	2	3	4	5

# **Effort Expectancy**

		Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
EE1	It would not take me long to learn how to use online dating apps.	1	2	3	4	5
EE2	My interaction with online dating apps is clear and understandable (The apps' interface is well customized and easy to understand).	1	2	3	4	5
EE3	I think online dating apps are easy to use.	1	2	3	4	5
EE4	I think it is easy for me to become skillful at using online dating apps.	1	2	3	4	5
EE5	I think it is easy to get online dating apps to do what I want them to do.	1	2	3	4	5

# Social Influence

		Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
SI1	People who are important to me think that I should use online dating apps.	1	2	3	4	5
SI2	People who influence my behaviour think that I should use online dating apps.	1	2	3	4	5
SI3	People whose opinions that I value prefer that I use online dating apps.	1	2	3	4	5
SI4	Peers' suggestions and recommendations will affect my decision to use online dating apps.	1	2	3	4	5
SI5	I would use online dating apps because the proportion of my peers uses online dating apps.	1	2	3	4	5

# **Facilitating Conditions**

		Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
FC1	I have the resources necessary to use online dating apps.	1	2	3	4	5
FC2	I have the knowledge necessary to use online dating apps.	1	2	3	4	5
FC3	Online dating apps are compatible with other technologies I use.	1	2	3	4	5

FC4	I can get help from others when I					
	have difficulties using online	1	2	3	4	5
	dating apps.					
FC5	Using online dating apps is entirely within my control.	1	2	3	4	5

## Trust

		Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
TR1	I think that online dating apps are trustworthy.	1	2	3	4	5
TR2	I trust in online dating apps.	1	2	3	4	5
TR3	I do not doubt the honesty of online dating apps.	1	2	3	4	5
TR4	Even if not monitored, I would trust online dating apps to do the job right.	1	2	3	4	5
TR5	Online dating apps have the ability to fulfill its task (e.g matchmaking, chatting, privacy assurance).	1	2	3	4	5

# **Adoption Intention**

		Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
AI1	I intend to use online dating apps in the future.	1	2	3	4	5
AI2	I predict I will use online dating apps in the future.	1	2	3	4	5
AI3	I plan to use online dating apps in the future.	1	2	3	4	5

AI4	I intend to continue using online					
	dating apps when necessary or I	1	2	3	4	5
	want to.					
AI5	I will recommend others to use online dating apps.	1	2	3	4	5

#### **Appendix 1.2 Survey Certification of Letter**



UNIVERSITI TUNKU ABDUL RAHMAN DU012(A)

Wholly owned by UTAR Education Foundation (200201010564(578227-M)) Faculty of Business and Finance Jalan Universiti, Bandar Barat, 31900 Kampar, Perak Phone: 05-468-8888 Fax: 05-466-7407 https://fbf.utar.edu.my/

10<sup>th</sup> September 2021

#### To Whom It May Concern

Dear Sir/Madam,

Permission to Conduct Survey

This is to confirm that the following students are currently pursuing their *Bachelor of Marketing (Honours)* program at the Faculty of Business and Finance, Universiti Tunku Abdul Rahman (UTAR) Perak Campus.

I would be most grateful if you could assist them by allowing them to conduct their research at your institution. All information collected will be kept confidential and used only for academic purposes.

The students are as follows:

Name of Student	Student ID
Chan Xin Yi	18ABB04941
Choy Jey Ni	18ABB01962
Chua Zhen Ling	18ABB05522
Ng Sin Jie	18ABB02394
Ong Sook Kwan	18ABB05318

If you need further verification, please do not hesitate to contact me.

Thank you.

Yours sincerely,

Mr Choy Johnn Yee Head of Department Faculty of Business and Finance Email: choyjy@utar.edu.my

Ms Tan Mom Zee Supervisor Faculty of Business and Finance Email: tanmz@utar.edu.my

Administrative Address: Jalan Sg. Long, Bandar Sg. Long, Cheras, 43000 Kajang, Selangor D.E. Tel: (603) 9086 0288 Fax: (603) 9019 8868 Homepage: https://utar.edu.my/

#### **Appendix 2.0 Internal Consistency Analysis (Pilot Test)**

```
RELIABILITY
/VARIABLES=AI1 AI2 AI3 AI4 AI5
/SCALE('Pilot Study: Adoption Intention (AI)') ALL
/MODEL=ALPHA.
```

#### Reliability

#### Scale: Pilot Study: Adoption Intention (AI)

#### **Case Processing Summary**

		Ν	%
Cases	Valid	29	4.3
	Excluded <sup>a</sup>	641	95.7
	Total	670	100.0

a. Listwise deletion based on all variables in the procedure.

#### **Reliability Statistics**

Cronbach's Alpha	N of Items
.925	5

```
RELIABILITY
```

```
/VARIABLES=PE1 PE2 PE3 PE4 PE5
/SCALE('Pilot Study: Performance Expectancy (PE)') ALL
/MODEL=ALPHA.
```

#### Reliability

#### Scale: Pilot Study: Performance Expectancy (PE)

#### **Case Processing Summary**

		Ν	%
Cases	Valid	29	4.3
	Excluded <sup>a</sup>	641	95.7
	Total	670	100.0

a. Listwise deletion based on all variables in the procedure.

#### **Reliability Statistics**

Cronbach's Alpha	N of Items
.878	5

#### RELIABILITY

```
/VARIABLES=EE1 EE2 EE3 EE4 EE5
/SCALE('Pilot Study: Effort Expectancy (EE)') ALL
/MODEL=ALPHA.
```

#### Reliability

#### Scale: Pilot Study: Effort Expectancy (EE)

#### **Case Processing Summary**

		Ν	%
Cases	Valid	29	4.3
	Excluded <sup>a</sup>	641	95.7
	Total	670	100.0

a. Listwise deletion based on all variables in the procedure.

#### **Reliability Statistics**

Cronbach's Alpha	N of Items
.805	5

RELIABILITY

```
/VARIABLES=SI1 SI2 SI3 SI4 SI5
/SCALE('Pilot Study: Social Influence (SI)') ALL
/MODEL=ALPHA.
```

# Reliability

# Scale: Pilot Study: Social Influence (SI)

#### **Case Processing Summary**

		Ν	%
Cases	Valid	29	4.3
	Excluded <sup>a</sup>	641	95.7
	Total	670	100.0

a. Listwise deletion based on all variables in the procedure.

#### **Reliability Statistics**

Cronbach's Alpha	N of Items
.900	5

```
RELIABILITY
```

```
/VARIABLES=FC1 FC2 FC3 FC4 FC5
```

```
/SCALE('Pilot Study: Facilitating Condition (FC)') ALL
/MODEL=ALPHA.
```

## Reliability

## Scale: Pilot Study: Facilitating Condition (FC)

#### **Case Processing Summary**

		Ν	%
Cases	Valid	29	4.3
	Excluded <sup>a</sup>	641	95.7
	Total	670	100.0

a. Listwise deletion based on all variables in the procedure.

#### **Reliability Statistics**

Cronbach's Alpha	N of Items
.828	5

RELIABILITY

/VARIABLES=TR1 TR2 TR3 TR4 TR5 /SCALE('Pilot Study: Trust (TR)') ALL /MODEL=ALPHA.

# Reliability

# Scale: Pilot Study: Trust (TR)

## **Case Processing Summary**

		N	%
Cases	Valid	29	4.3
	Excluded <sup>a</sup>	641	95.7
	Total	670	100.0

a. Listwise deletion based on all variables in the procedure.

## **Reliability Statistics**

Cronbach's Alpha	N of Items
.781	5

## **Appendix 3.0 Descriptive Analysis**

# Frequencies

[DataSet1] C:\Users\User\Documents\fyp\final data.sav

#### Statistics

		D1	D2	D3
N	Valid	280	280	280
	Missing	0	0	0

# **Frequency Table**

			D1		
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Male	99	35.4	35.4	35.4
	Female	181	64.6	64.6	100.0
	Total	280	100.0	100.0	

#### D2

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Malay	22	7.9	7.9	7.9
	Chinese	242	86.4	86.4	94.3
	Indian	16	5.7	5.7	100.0
	Total	280	100.0	100.0	

D3

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Heterosexual	269	96.1	96.1	96.1
	Homosexual	1	.4	.4	96.4
	Bisexual	10	3.6	3.6	100.0
	Total	280	100.0	100.0	

	D4				
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Bumble	30	4.5	4.5	4.5
	Coffee M	3	.4	.4	4.9
	Facebook	110	16.4	16.4	21.3
	Grindr	1	.1	.1	21.5
	Match.co	16	2.4	2.4	23.9
	OkCupid	26	3.9	3.9	27.8
	Paktor	23	3.4	3.4	31.2
	Soul	5	.7	.7	31.9
	Tantan	249	37.2	37.2	69.1
	Tinder	207	30.9	30.9	100.0
	Total	670	100.0	100.0	

#### **Appendix 4.0 Internal Consistency Analysis**

```
RELIABILITY
/VARIABLES=AI1 AI2 AI3 AI4 AI5
/SCALE('Adoption Intention (AI)') ALL
/MODEL=ALPHA.
```

#### Reliability

#### Scale: Adoption Intention (AI)

#### **Case Processing Summary**

		Ν	%
Cases	Valid	280	100.0
	Excluded <sup>a</sup>	0	.0
	Total	280	100.0

a. Listwise deletion based on all variables in the procedure.

#### **Reliability Statistics**

Cronbach's Alpha	N of Items
.928	5

```
RELIABILITY
```

/VARIABLES=PE1 PE2 PE3 PE4 PE5 /SCALE('Performance Expectancy (PE)') ALL /MODEL=ALPHA.

## Reliability

## Scale: Performance Expectancy (PE)

#### **Case Processing Summary**

		Ν	%
Cases	Valid	280	100.0
	Excluded <sup>a</sup>	0	.0
	Total	280	100.0

a. Listwise deletion based on all variables in the procedure.

#### **Reliability Statistics**

Cronbach's Alpha	N of Items
.871	5

```
RELIABILITY
```

```
/VARIABLES=EE1 EE2 EE3 EE4 EE5
/SCALE('Effort Expectancy (EE)') ALL
/MODEL=ALPHA.
```

# Reliability

# Scale: Effort Expectancy (EE)

#### **Case Processing Summary**

		Ν	%
Cases	Valid	280	100.0
	Excluded <sup>a</sup>	0	.0
	Total	280	100.0

a. Listwise deletion based on all variables in the procedure.

# **Reliability Statistics**

Cronbach's Alpha	N of Items
.831	5

RELIABILITY

```
/VARIABLES=SI1 SI2 SI3 SI4 SI5
/SCALE('Social Influence (SI)') ALL
/MODEL=ALPHA.
```

# Reliability

# Scale: Social Influence (SI)

## **Case Processing Summary**

		Ν	%
Cases	Valid	280	100.0
	Excluded <sup>a</sup>	0	.0
	Total	280	100.0

a. Listwise deletion based on all variables in the procedure.

# **Reliability Statistics**

Cronbach's Alpha	N of Items
.911	5

#### RELIABILITY

```
/VARIABLES=FC1 FC2 FC3 FC4 FC5
/SCALE('Facilitating Condition (FC)') ALL
/MODEL=ALPHA.
```

# Reliability

# Scale: Facilitating Condition (FC)

## **Case Processing Summary**

		Ν	%
Cases	Valid	280	100.0
	Excluded <sup>a</sup>	0	.0
	Total	280	100.0

a. Listwise deletion based on all variables in the procedure.

### **Reliability Statistics**

Cronbach's Alpha	N of Items
.850	5

```
RELIABILITY
/VARIABLES=TR1 TR2 TR3 TR4 TR5
/SCALE('Trust (TR)') ALL
/MODEL=ALPHA.
```

# Reliability

# Scale: Trust (TR)

## **Case Processing Summary**

		Ν	%
Cases	Valid	280	100.0
	Excluded <sup>a</sup>	0	.0
	Total	280	100.0

a. Listwise deletion based on all variables in the procedure.

# **Reliability Statistics**

Cronbach's Alpha	N of Items
.889	5

#### **Appendix 5.0 Multiple Regression Analysis**

```
REGRESSION

/MISSING LISTWISE

/STATISTICS COEFF OUTS R ANOVA

/CRITERIA=PIN(.05) POUT(.10)

/NOORIGIN

/DEPENDENT AI

/METHOD=ENTER PE EE SI FC TR.
```

# Regression

# Variables Entered/Removed<sup>a</sup>

Model	Variables Entered	Variables Removed	Method
1	TR, EE, SI, FC, PE <sup>b</sup>		Enter

a. Dependent Variable: Al

b. All requested variables entered.

#### Model Summary

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	.752 <sup>a</sup>	.565	.557	3.30599

a. Predictors: (Constant), TR, EE, SI, FC, PE

#### **ANOVA**<sup>a</sup>

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	3888.592	5	777.718	71.157	.000 <sup>b</sup>
	Residual	2994.708	274	10.930		
	Total	6883.300	279			

a. Dependent Variable: Al

b. Predictors: (Constant), TR, EE, SI, FC, PE

		Unstandardize	ed Coefficients	Standardized Coefficients		
Model		В	Std. Error	Beta	t	Sig.
1	(Constant)	.263	1.158		.227	.821
	PE	.327	.069	.284	4.732	.000
	EE	.010	.073	.007	.139	.889
	SI	.310	.051	.318	6.071	.000
	FC	052	.063	044	826	.410
	TR	.340	.065	.300	5.246	.000

# Coefficients<sup>a</sup>

a. Dependent Variable: Al

# Appendix 6.0 Turnitin Similarity Report Summary

Onli	ne Dating App - Turnitin Report	
ORIGINA	LITY REPORT	
	9% 17% 9% 11% RITY INDEX INTERNET SOURCES PUBLICATIONS STUDENT	,
PRIMARY	SOURCES	
1	eprints.utar.edu.my	2%
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4	Submitted to University of Witwatersrand Student Paper	1%
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6	ujcontent.uj.ac.za	<1%
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14	Submitted to Help University College	<1%
15	etd.uum.edu.my Internet Source	<1%
16	link.springer.com	<1%
17	Qi Chen, Yufei Yuan, Yuqiang Feng, Norm Archer. "A decision paradox: benefit vs risk and trust vs distrust for online dating adoption vs non-adoption", Internet Research, 2020 Publication	<1%
18	www.ukessays.com	<1%
19	Submitted to American Public University System Student Paper	<1%

20	"ICT Unbounded, Social Impact of Bright ICT Adoption", Springer Science and Business Media LLC, 2019 Publication	<1%
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22	www.repository.utl.pt	<1%
23	es.scribd.com Internet Source	<1%
24	Submitted to University of Hong Kong Student Paper	<1%
25	jasemjournal.com	<1%
26	www.igi-global.com	<1%
27	repo.uum.edu.my Internet Source	<1%
28	shdl.mmu.edu.my Internet Source	<1%
29	umkeprints.umk.edu.my	<1%
30	"Recent Trends in Data Science and Soft Computing", Springer Science and Business	<1%

	Media LLC, 2019 Publication	
31	Submitted to The University of Manchester Student Paper	<1%
32	Submitted to University of Brighton Student Paper	<1%
33	etd.aau.edu.et Internet Source	<1%
34	www.eijournal.ru	<1%
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40	Submitted to University of Gloucestershire Student Paper	<1%
41	www.coursehero.com	<1%

42	www.slideshare.net	<1%
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44	Submitted to Southern New Hampshire University - Continuing Education Student Paper	<1%
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66	Neeraj Dhiman, Neelika Arora, Nikita Dogra, Anil Gupta. "Consumer adoption of smartphone fitness apps: an extended UTAUT2 perspective", Journal of Indian Business Research, 2019 Publication	<1%
67	Submitted to Tshwane University of Technology Student Paper	<1%
68	ajpojournals.org	<1%
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70	Wajdee Mohammadkair Ebrheem Ajlouni, Gurvinder Kaur, Saleh Ali Alomari. "The Impact of Employees' Gender and Age on Organizational Citizenship Behavior Using a	<1%

# Fuzzy Approach", Social Science Computer Review, 2020

71 Yuyang Zhao, Fernando Bacao. "What factors determining customer continuingly using food delivery apps during 2019 novel coronavirus pandemic period?", International Journal of Hospitality Management, 2020 Publication

72	aiencole.files.wordpress.com	<1%
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80	www.researchsquare.com	<1%
81	Ikram Ullah Khan, Zahid Hameed, Safeer Ullah Khan. "Understanding Online Banking Adoption in a Developing Country", Journal of Global Information Management, 2017 Publication	<1%
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85	os.zhdk.cloud.switch.ch Internet Source	<1%
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Universiti Tunku Abdul	
Form Title : Sample of Submission Sheet for FYP/Dissertation/Thesis           Form Number : FM-IAD-004         Rev No: 0         Effective Date: 21 June 2011         Page No: 1	of 1
FACULTY OF BUSINESS AND FINANCE UNIVERSITI TUNKU ABDUL RAHMAN	
Date: <u>19/04/2022</u>	
SUBMISSION OF FINAL YEAR PROJECT /DISSERTATION/THESIS	
It is hereby certified that <u>Chan Xin Yi</u> (Student Name) (ID No: <u>18ABB04941</u> ) has completed this final year project entitled "Determinants of Online Dating Apps Adoption Intention Among Young Adults in Malaysia" under the supervision of <u>Ms. Tan Mom Zee</u> (Name of the Supervisor) from the Department of <u>Marketing</u> , Faculty of <u>Business and Finance</u> .	
I understand that University will upload softcopy of my final year project in pdf format into UTAR Institutional Repository, which may be made accessible to UTAR community and public.	
Yours truly, $\overbrace{(Chan Xin Yi)}$	
*Delete whichever not applicable	

Eorm Tit	Universiti Tunl	ku Abdul Sheet for FYP/Dissertation/Thesis	
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Date :18/04/2022

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# Online Dating App - Turnitin Report

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#### ABSTRACT

The pandemic has posed new challenges and altered how most people date and hook up. The Unified Theory of Acceptance and Use of Technology (UTAUT) was applied in this research to discover determinants of online dating apps' adoption intention among young adults in Malaysia. For this purpose, possible determinants that might affect the intention to adopt online dating apps are sought and critically reviewed. With reference to the model, the variables proposed in this research include performance expectancy, effort expectancy, social influence, facilitating conditions, and an additional variable – trust. Five hypotheses were constructed to identify whether the determinants will affect the Malaysian young adult's adoption intention towards online dating apps. Questionnaires were distributed to young adults to obtain valid primary data from respondents. One of the limitations found in this research is the approach to collecting data causing the participants to overlook the questionnaires. Besides, restrictions were found in the demographic profile of the respondents. The study might not accurately reflect Malay and Indian individuals' adoption intentions. The responses collected determine the adoption intention of young adults towards online dating apps within Malaysia only. This research contributes to the debate among online dating apps developers.

# CHAPTER 1: RESEARCH OVERVIEW

#### 1.0 Introduction

In chapter 1, the research background and research problem will be addressed related to the online dating apps and adoption intention of Malaysian young adults. Furthermore, the objectives of the research, research questions, as well as research significance will also be developed.

#### 1.1 Research Background

The concept of dating originated back at the beginning of the 20th century. Before that, youngsters are prohibited from having a date before marriage (Markarian, 2017). Dating could be a felony in the 1900s as dating is recognised as veritable prostitution in the eyes of authorities (Brown, 2016). Until the mid-1920s, dating had completely replaced the old courtship system (Bailey, 1989). The fundamental difference between dating and courtship is the level of freedom. Relationships became less severe and more personal (Markarian, 2017).

#### 15

Based on Maslow's Hierarchy of Needs, love and belongingness are basic human needs (Maslow, 1943, 1954). Romantic relationships as basic human needs are vitally important in shaping one's personality and characteristics. During the experiences in a romantic relationship, one learns and trains for their future intimate relationship. The successful establishment and maintenance of a romantic relationship are beneficial to one's mental health, physical health and well-being, as well as the partner's (Gómez-López et al., 2019). Dating and romantic relationships encourage the feeling of connecting with others. Romantic experiences can help teenagers successfully establish autonomy when exploring extra-family relationships and reducing dependence on their parents (Dowdy & Kliewer, 1998; Furman & Shaffer, 2003; Gray & Steinberg, 1999).

As long as people recognize the desire to form a romantic relationship, they probably will notice that getting the ideal mate can be challenging (Finkel et al., 2012). With the help of the advancement of technologies, people tend to go online to start dating and form romantic relationships. The first computer-based matchmaking service, Operation Match, was created in 1965 by a group of Harvard undergrads in the United States. This emerging technology has become the steppingstone for online dating in the future (Lee, 2016).

The evolution of online dating sites can be categorised into (1) online personal advertisement sites, (2) algorithm-based matching sites and (3) mobile dating apps. The origination of web-based personal advertisement sites can be dated back to the release of Match.com in 1995, which functioned as a search engine, allowing users to post and browse for online personal advertisements. In the following years, many sites followed the footstep of Match.com by offering similar services. In 2000, the introduction of eHarmony kick-started the generation of algorithm-based matching sites. Similar sites such as PerfectMatch and Chemistry were launched in 2002 and 2005. These sites offer the services of providing matches according to the processed data provided by the user. Shortly after Apple Inc. opened its Apps Store in 2008, the development of online dating sites entered the third generation: smartphonebased dating apps. These apps included the feature of location-based online dating by utilising mobile internet technology and the global positioning system (GPS), allowing users to browse for potential partners without physical restrictions. These mobile dating apps are regularly launched and have become enormously popular (Finkel et al., 2012).

In 2020s, the number of online dating sites and apps has rapidly emerged over the past decade. For instance, Tinder, Bumble, OkCupid, Match.com, Facebook Dating, Paktor, Tantan etc. (Corpuz, 2021; GMO Research, 2021a). The users of online dating apps are growing at a rapid pace. According to Curry (2021), the individuals using dating app worldwide have increased 46% from 185 million (in 2015) to 270 million (in 2020). Besides, the global dating apps revenue reached USD3.08 billion in 2020. It has increased by 50% over the last four years and is forecasted to exceed USD8.4 billion by the next four years (GMO Research, 2021a).

According to GMO Research (2021a), 32.4% out of 1000 Malaysian have used an online dating app before, and 47.8% out of the 32.4% of Malaysians are currently using an online dating app. Based on Müller's (2022) studies, the adoption rate of online dating apps among young adults in Malaysia is higher when compared to other age categories. Approximately 41% aged 16-24 and 43% aged 24-34 stated that they had used online dating apps. Besides, Tinder has arisen as the most popular online dating app in Malaysia, followed by Dating.com, Tantan, OkCupid, Grindr, Coffee Meets Bagel, Paktor and Bumble (Müller, 2021).

People are using online dating apps as a mechanism to find virtual connections for friendship and emotional support for coping with loneliness. As a matter of fact, there must be an upward trend in relationships starting online. As online dating becomes mainstream, it may lead to more genuine relationships and even marriages (GMO Research, 2021a).

Although the potential value of online dating is still apparent, there is growing evidence that users are at risk. People may forge some or all dating information to attract each other or hide negative personal aspects. In addition, criminals are misusing online dating apps to target victims. Romance scams on online dating sites have been rising recently, and they can occasionally lead to major criminality. Some unethical operators may even hire fake daters to recommend it to their users to charge unreasonably high membership fees. Online dating sites are frequently used for suspected fraud and other illicit activities. Those risks may lead to trust issues in online dating apps (Chen et al., 2020).

Young adults nowadays are mostly made up of Generation Y and Generation Z (Leger, 2020). Generation Y is defined as individuals born between 1981 and 1996, while Generation Z is defined as individuals born between 1997 and 2012 (Lathabhavan & Padhy, 2022, p.1). The target respondents of this research are younger Gen-Yers and older Gen-Zers aged 18-30 during this research (born between 1991 to 2004). Looking back at the history, the Internet was invented in 1991 (CERN, n.d.). These targeted respondents have the common characteristic of being born after the Internet was invented.

In this research, the theory of UTAUT will be used as a fundamental study for the adoption intention of young adults in Malaysia (18-30 years old) towards online dating apps. The determinants will be (1) performance expectancy (PE), (2) effort expectancy (EE), (3) social influence (SI), (4) facilitating condition (FC), and (5) trust (TR).

#### **1.2 Research Problem**

During the COVID-19 pandemic, the countries went into lockdown, and social distancing became the norm. The isolation has created a lot of lonely souls who seek romantic relationships. Therefore, online dating has become one of the best ways to get a date during the lockdown. Online daters tend to spend more time on the apps than before the pandemic. For instance, Paktor reported that users in Singapore spent ten times longer on the apps compared to pre-pandemic. Tantan, a mobile dating app, reported that compared with the average usage time before COVID-19, the average use time of the app during the pandemic has increased by more than 30%. (GMO Research, 2021a, 2021b).

Moreover, young adults nowadays are labelled as digital savvy as they are directly and broadly exposed to digital technologies (Parker-Pope, 2019; Turner, 2015). Digital saturation makes young people more socially withdrawn, uneasy, and empowered, reflecting why they have fewer sexual encounters than earlier generations (Parker-Pope, 2019). Another reason young people have fewer sexual encounters may be that they seem to take a more pragmatic approach to relationships than previous generations. Young people are reported to reach financial stability before jumping into a romantic relationship. Besides, they also tend to understand themselves better before pursuing a romantic relationship. This signals a very self-conscious approach to dating, prioritising finding someone meaningful to them rather than just finding someone attractive or interesting. A range of easily accessible resources makes young adults more knowledgeable about finding the right partners (Klein, 2022). Young adults are also reported to be commitment-phobes (Copestake, 2020). Orchard (2020) reported that young adults fear commitment, which includes being scared of saying the word 'date' or 'dating', which suggests formality. The fear of saying that they are dating may be accounted to the fear of telling others they have broken up when it is over. Young people tend to participate in casual dating to shield themselves from harm in a relationship. This result in the word 'dating' seems to be in the past. While seeing people, hookups, and friends with benefits is the latest term used to describe young adults' relationships. The unique perspective of how young adults in this era perceive romantic relationships may influence young adults' perception of online dating apps.

Furthermore, according to Stoicescu (2020), online dating apps feature the ability to find a partner and broaden the horizons of intimacy, leading to new motivational and coordinated actions with repercussions on a social and psychological level. Albury et al. (2019) reported that user experiences discrimination and harassment when using online dating apps. Some participants reported that online dating apps are a source of feeling setbacks, rejection and exclusion. Besides, Alsing et al. (2020) suggested that online dating apps might affect morbidity wider sexually transmitted diseases. Moreover, young adults appear to spend more time on social media and online dating apps. Their interaction is shallow and controlled by their unwillingness to be alone as a result of their high level of reliance on technology (Stoicescu, 2020). Pesce (2019) mentioned that when loneliness is combined with social anxiety, it will result in the overuse of dating apps and life consequences for an individual, leading to addiction to online dating apps. In the worst-case scenario, someone addicted to online dating apps will disregard other crucial aspects of their lives. The above-mentioned past research proposed that using online dating apps will result in social problems, including discrimination, harassment, rejection, exclusion, the prevalence of sexually transmitted diseases, and addiction to online dating apps. These social problems may reflect more serious social issues, even criminal ones. It is vital to observe whether young adults will take social impact into account when coming to the intention of adopting online dating apps.

Lastly, online dating attempts to connect strangers based on their given data and profiles (Chen et al., 2020). People may lie on their online profiles for appealing

purposes (Anderson, 2016). GMO Research (2021b) reported that 12% of online dating app users in Malaysia admitted to fabricating their profiles, 65% of users' profiles are authentic, while 23% of users admitted they fabricate a bit of their profile.

Although the online dating user profile contains certain dishonesty levels, online dating apps are still top-rated. Because of the widespread usage of smartphones and the Internet, online dating apps now allow users to swipe left or right 10 to 100 times when communicating with a potential date in "real life". In addition, the time-effectiveness of online dating apps has driven up the popularity of online dating. Browsing profiles is considered time-saving compared to mingling with people in a social context (Anderson, 2016). Furthermore, online daters report that it is easy to find someone they are physically attracted to or share the same interests with online dating apps (Anderson, Vogels & Turner, 2020). Choosing convenience or performance may affect the intention to adopt online dating apps among young adults in Malaysia.

This research aims explore the factors that induce the intention of Malaysian young adults to use online dating apps by referring to the UTAUT model, which includes Performance Expectancy (PE), Effort Expectancy (EE), Social Influence (SI), Facilitation Condition (FC), and Trust (TR). Furthermore, this study would be beneficial for online dating app companies as the study of Trust (TR) is added in the research could fill the gap in previous studies and bring a new perspective to developers and marketers of online dating apps.

# 1.3 Research Objectives

#### 1.3.1 General Objective

This research aims to analyse the determinants that influence the AI towards online dating apps among Malaysian young adults.

### 1.3.2 Specific Objectives

To investigate the impact of PE towards the Young Adults' intention of the Online Dating Apps adoption.

ii. To investigate the impact of EE towards the Young Adults' intention of the Online Dating Apps adoption.

iii. To investigate the impact of SI towards the Young Adults' intention of the Online Dating Apps adoption.

iv. To investigate the impact of FC towards the Young Adults' intention of the Online Dating Apps adoption.

v. To investigate the impact of TR towards the Young Adults' intention of the Online Dating Apps adoption.

#### 1.4 Research Questions

i. Does PE affect Young Adults' AI towards Online Dating Apps in Malaysia?
ii. Does EE affect Young Adults' AI towards Online Dating Apps in Malaysia?
iii. Does SI affect Young Adults' AI towards Online Dating Apps in Malaysia?
iv. Does FC affect Young Adults' AI towards Online Dating Apps in Malaysia?
v. Does TR affect Young Adults' AI towards Online Dating Apps in Malaysia?

#### 1.5 Research Significance

This study is significant in uncovering the determinants that impact the adoption intention of young adults of online dating apps in Malaysia. Through this research, online dating app developers could analyse the consumer behaviour towards online dating apps by acknowledging the possible determinants that influence the young adults' adoption intention of online dating apps in Malaysia. Besides, the developers of online dating apps could find out and formulate suitable strategies to encourage young adults to adopt online dating apps. By improving their services,

the online dating app developers can build credibility and trustworthiness with the customers and obtain a competitive advantage in the Malaysia market.

Moreover, future researchers will benefit from this research in terms of earning academic experience. This research will help academics have a more evident mindset on exploring the underlying attitudes of young adults regarding how they perceive online dating apps. It also provides related information on the determinants that affect Malaysian young adults' intention to adopt dating apps. Hence, this research could act as a reference for academics to develop their future studies, specifically the research that relates to online dating apps.

#### 1.6 Conclusion

Chapter 1 emphasised the research topic and the importance of carrying out this research. The related theoretical models and past literature will be addressed in depth in Chapter 2.

#### **CHAPTER 2: LITERATURE REVIEW**

#### 2.0 Introduction

In Chapter 2, prior researcher's studies of UTAUT Model as well as the research variables will be assessed. To examine the variables of adoption intention toward online dating apps among young adults in Malaysia, a study framework and hypotheses are developed.

#### **2.1 Underlying Theories**

Unified Theory of Acceptance and Use of Technology (UTAUT) is known as an extension theory derived from Technology Acceptance Model (TAM) (Venkatesh et al., 2003). To develop this model, researchers reviewed and integrated constructs from the theory of reasoned action (TRA), technology acceptance model (TAM), motivation model (MM), theory of planned behaviour (TPB), a combination of TPB and TAM, model of PC utilisation (MPCU), innovation diffusion theory (IDT), and social cognitive theory (SCT). UTAUT was able to explain 70% of the diversity in usage intention, a substantial enhancement above previous models and their expansions (Garavand et al., 2020). The theory is proposed to determine the intention of a user to adopt an information system and subsequent usage behaviour. Individual adoption and use of information technology are among the most established research topics in the context of information systems (Venkatesh et al., 2007). UTAUT appeared to be the best theory, with the potential to be a valuable tool for management evaluating the impact of new technologies (Garavand et al., 2020). UTAUT is a more integrated theory and has a better predictive power compared to other prior models and theories (Okumus et al., 2018). Therefore, it is the most effective theory to study adoption intention.

UTAUT consists of four root constructs, including performance expectancy (PE), effort expectancy (EE), social influence (SI), and facilitating conditions (FC). Besides, there are moderators such as gender, age, experience, and voluntariness of

21

use which will influence the behavioural intention and usage behaviour. The theory has been widely utilised as a theoretical framework in studies of user intention and behaviour towards mobile apps' adoption. In the past, many researchers have applied UTAUT in their research. Providing an example, UTAUT was applied in analysing the influence of the essential determinants on the usage intention of mobile devices for learning (Alghazi et al., 2021). UTAUT is applied to study the factors that affect the adoption intention of people with visual impairment towards mobile apps (Moon et al. 2020). Hoque and Sorwar (2017) also implement the UTAUT framework in studying the factors which influence the elderly to adopt mHealth (mobile health) services. Based on the research mentioned above, the main characteristics and effects of UTAUT are assessed in a good manner. However, moderators are less evaluated by other researchers as most of the research mainly focuses on the major impacts of the model (Venkatesh et al., 2016).

In the UTAUT model (Figure 2.1), the four root constructs are considered the direct determinants of behavioural intention and usage behaviour. Performance expectancy is known as one of the significant elements of technology adoption and acceptance. The term is defined as "the measure to which individuals trust that using the system will help him or her to boost job performance" (Venkatesh et al., 2003, p.447). Besides, effort expectancy indicates the easiness associated with the usage of the system. Meanwhile, social influence relates to how much an individual perceives the important individuals believe he or she should utilise the new system. Facilitating condition indicates the extent to which an individual trusts that organisational and technical infrastructure is present to facilitate the usage of the system. Venkatesh et al. (2003) mentioned that performance expectancy accounted for the greatest impact on one's behavioural intention towards the adoption of a technology. The behavioural intention is anticipated to have a significant positive impact on the usage behaviour.

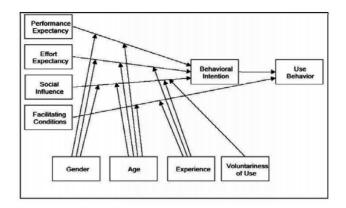


Figure 2.1. UTAUT Model. Adapted from V. Venkatesh, M. G. Morris, G. B.Davis and F. D. Davis, (2003). User acceptance of information technology: Toward a unified view. MIS Quarterly, 27(3), 425.

UTAUT is applied in this study as this theory is suitable for looking into the adoption intention of online dating apps among Malaysian young adults. Performance expectancy, the independent variable in this research, indicates young adults' expectancy towards the effectiveness of the usage experience of online dating apps. Next, effort expectancy shows the belief of young adults towards the ease of use of online dating apps. The social influence will act as an independent variable of the social context surrounding young adults in this research. Facilitating condition refers to the resource availability and support for young adults to adopt online dating apps in this research.

Another independent variable, trust, is added in this research. According to Arpaci (2016, p.152), trust is defined as the faith in the reliability and trustworthiness of the system or services. Previous studies mention that trust could impact the intention to adopt a technology (Alharbi, 2017; Han & Conti, 2020; Patil et al., 2020; Sim et al., 2018). It is highly approved as a factor of the UTAUT model. Therefore, trust that shows the confidence toward online dating apps is used as an independent variable in this research.

Throughout this research, these variables will give an impact on the behavioural intention, which refers to the adoption intention of young adults towards online dating apps.

## 2.2 **Review of Variables**

### **2.2.1 Dependent Variable** (DV) – Adoption Intention Towards Online Dating Apps (AI)

Peng and Cao (2017) mentioned that the adoption of online dating apps results from interactions between individuals, peers, and society, as well as a diffusion of innovation processes. According to Kumar et al. (2018), diffusion is driven by a succession of individual decisions to start adopting new technologies. These decisions are typically predicated on comparing the new technology's uncertain advantages versus the unknown adoption costs. According to Sintonen and Sundqvist (2010), the term "adoption intention" refers to one's eagerness to participate in a particular behaviour; here, readiness to use online dating apps. Fishbein and Ajzen (as cited in Patil et al., 2020) define intention to use as their attitude towards using a system. Kupfer et al. (2016) suggested that adoption intention measures the possibility of an individual performing a specific behaviour in the future. It is also the most critical determinant of online dating apps usage behaviour. According to Welch and Morgan (as cited in Balan et al., 2021), the original intention of online dating apps was to extend users' social circles and networks.

#### 2.2.2 Independent Variable (IVs) – Performance Expectancy (PE)

According to Sagnier et al. (2019), performance expectancy refers to the degree at which a person perceives that implementing a system will enhance job performance. Individuals are more inclined to accept innovative technologies if individuals trust

that it can improve their ability to accomplish their jobs (Vermaut & Trybou, 2017). Ogunsola and Olojo (2021) explained performance expectancy as the assumption that employing a specific technology or practice can benefit or improve an individual's performance in some way. Hence, performance expectancy reflects the perceived usefulness and effectiveness associated with using online dating apps. According to Nicholson (2014), people can connect with a much larger pool of potential matches through online dating apps compared to meeting physically in their daily lives. Additionally, online dating apps reduce the likelihood of entering relationships only to discover that your partner is the total opposite of what you desired (Orlando, 2021). Therefore, online dating apps' performance can improve online dating apps users' living and companion searching performance.

#### 2.2.3 Independent Variable (IVs) – Effort Expectancy (EE)

According to Chao (2019), in determining intention to use, effort expectancy is a significant factor. Effort expectancy refers to the easiness associated with a system or procedure that can be employed (Ogunsola & Olojo, 2021). It is premised on the concept that there are connections between the amount of effort committed at work, results accomplished, and rewards received from that effort. According to Ustun et al. (2020), the ease of using the system is known as effort expectancy. It also refers to the amount of effort required to utilise a system, regardless of how simple or complex it is. Most people prefer technology that offers flexibility, utility, and ease of use (Catherine et al., 2018). Effort expectancy reflects the ease of using dating apps. However, the constraints of dating apps, such as poorly designed app interfaces and complex navigations, made it more difficult for users to adopt them.

# 2.2.4 Independent Variable (IVs) – Social Influence (SI)

Adopting or rejecting an innovation or technology is not merely an individual's decision but is significantly influenced by peers (Peng & Cao, 2017). In human communities, social influence is all around. It manifests itself in many ways, which include obedience, compliance, persuasion, social wandering, social assistance,

deindividuation, observer effect, bystander effect, and peer pressure (Izuma, 2017). Peer is frequently used as a primary reference group when making decisions. As a result, if a user's significant others suggest that they use online dating apps, they may follow their opinion. According to Mcleod (2021), social influence can be explained as the process through which the presence or behaviour of others influences one's attitudes, beliefs, or actions. Conformity, compliance, obedience, and minority influence are known as the four facets of social influence. Intentional and unintentional attempts to persuade someone to change their beliefs, attitudes, or behaviour are referred to as social influence (Gass, 2015). Moreover, Peng and Cao (2017) highlighted that positive peer feedback and successful examples of others using online dating apps to meet the right person would be tremendously motivating. Social influence suggests to the impact of peer evaluations on individual user behaviour. When peers find a product beneficial, word-of-mouth can significantly impact their family and friends.

#### 2.2.5 Independent Variable (IVs) – Facilitating Conditions (FC)

Ustun et al. (2020) suggest facilitating conditions refer to a person's belief the current organisational as well as technological infrastructure is capable of supporting the adoption of technology. When it comes to this study, it indicated to objective elements, for instance, resources and knowledge that affect the intention to adopt online dating apps. For example, users need to bear the costs of adopting online dating apps, such as communication fees and service fees. Onaolapo and Oyewole (2018) found that indicators such as perceived behavioural control and compatibility play a critical role in determining facilitating conditions. According to Agudo-Peregrina et al. (2016), the level to which a person perceives that existing organisational and technical infrastructure assists one's system usage is referred to as facilitating conditions, whether or not they have the necessary expertise and resources to do so. Moreover, Kamaghe et al. (2020) highlighted that an individual might be hesitant to accept web-based technology due to a lack of guidance, inadequate information, and restricted resources.

#### 2.2.6 Independent Variable (IVs) – Trust (TR)

Trust is characterised as an individual's eagerness to expose themselves to another person in the confident expectation that the trustee will act in accordance with the confident expectation of trustor (Mayer et al., 1995). Trust is the careful thoughts or impressions one has about another party regarding honesty, goodness, and competence, resulting in trusting behaviour intentions. According to prior studies, trust influences the perceived advantages of dating platforms, as well as the intention to adopt the platforms (Chen et al., 2020). In addition, it has been demonstrated that a user's social presence and trust experiences affect their decision to adopt online communities in general (Srivastava & Chandra, 2018). Therefore, trust has been identified as an essential component in raising benefit perceptions and decreasing risk perceptions for mobile apps.

#### 2.3 Conceptual Framework

A research framework is modified according to the review of related underlying theories and literature. In Figure 2.2, the IVs indicate Performance Expectancy (PE), Effort Expectancy (EE), Social Influence (SI), Facilitating Conditions (FC) and Trust (TR) shall affect the DV, which is Adoption Intention (AI) towards online dating apps among young adults in Malaysia.

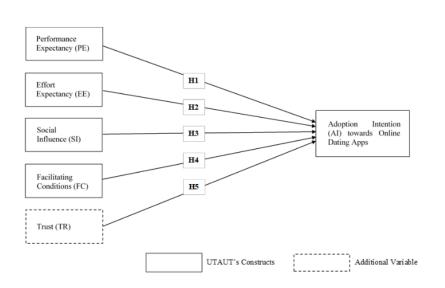


Figure 2.2. Proposed Research Framework

### 2.4 Hypothesis Development

# H1: Performance expectancy (PE) significantly influences the adoption intention towards online dating apps among young adults in Malaysia.

Performance expectancy is strongly linked to technology adoption (Alghatrifi & Khalid, 2019). According to a study by Chopdar et al. (2018), apps that provide a variety of useful tasks will considerably increase the desire to adopt mobile apps. Arora et al. (2020) also mentioned that the cumulative benefits supplied by mobile apps would impact performance expectancy and improve the motivation of people to utilise mobile apps. Hence, the adoption of mobile apps was significant when the benefits provided by the apps were high. According to Hew et al. (2015), users are more inclined to accept mobile apps since those apps are beneficial in their daily lives. It is predicted that individuals tend to adopt online dating apps if they perceive the advantages and usefulness of the apps.

H2: Effort expectancy (EE) significantly influences the adoption intention towards online dating apps among young adults in Malaysia.

Individuals tend to embrace mobile technology if they perceive it is user-friendly and the interface interaction is straightforward and comprehensible (Giovanis et al., 2018). According to Malik et al. (2017), app adoption will evoke pleasant feelings and lead to pleasure if it is simple to use. When a mobile app is less sophisticated and easier to use, the users tend to adopt it. Online dating apps must be welldesigned to be simple to use and understand. It is stated that the less effort people need to access an app, the greater the tendency they are to adopt it (Duan & Deng, 2021). It is hypothesized that individuals tend to adopt online dating apps if they perceive the apps required less effort to use.

# H3: Social influence (SI) significantly influences the adoption intention towards online dating apps among young adults in Malaysia.

Social impact has a direct impact on intention behaviour because it influences potential users' attitudes. Individuals' intentions to adopt technology are higher when there is reasonable social assistance for doing so (Saprikis et al., 2021). According to Duan and Deng (2021), significant individuals such as friends, family members, co-workers, and other prominent people substantially affect the contact tracking apps' adoption. The more powerful those people's influence is, the more an individual is likely to follow their opinion in using the apps. The study by Arora et al. (2020) discovered that peer influence was critical in determining app adoption by investigating the social impact on how individuals were exposed to the latest apps. Besides, individuals' social networks also significantly impact one's acquisition of mobile apps, as demonstrated by Malik et al. (2017). Therefore, it is predicted that social influence will affect the Malaysian young adults' adoption intention towards online dating apps.

# H4: Facilitating conditions (FC) significantly influence the adoption intention towards online dating apps among young adults in Malaysia.

The facilitating condition captures individuals' judgments of the resources obtainable to aid the adoption, encompassing external and internal variables that

impact individuals' adoption intentions, according to Venkatesh et al. (2016). In particular, a user who is accessible to a desirable set of enabling requirements will increase the chances to adopt a technology. Users intend to adopt mobile apps if they have the appropriate resources and support, such as online assistance, mobile devices, internet connectivity, etc (Hew et al., 2015). According to Puriwat and Tripopsakul (2021), facilitating conditions substantially and positively impact social networking app adoption behaviour. While not all users have a limitless mobile internet connection, the extent to which mobile apps performance is dependent on continuous internet connectivity may influence users' intention to adopt mobile apps (Vinnik, 2017). It is hypothesized that the facilitating condition will influence Malaysian young adults' intention to adopt online dating apps.

# H5: Trust (TR) significantly influences the adoption intention towards online dating apps among young adults in Malaysia.

According to Chao (2019), an essential element that impacts the intention of people to use internet technology is trust. People are less inclined to trust internet technologies when the risk level increases (Arfi et al., 2021). Besides, trust is also crucial in deciding subsequent actions between two or more parties and building interpersonal and commercial relationships (Waseem et al., 2018). People who are grouped have similar values and aims tend to view each other favourably according to the theory of perceived similarity (Liu & Xiong, 2016). Users who believe that other Internet users are like them are more likely to trust them, especially in social apps. It is predicted that the absence of trust has negative consequences on user experience, reducing consumers' willingness to adopt the apps.

#### 2.5 Conclusion

Within this chapter, underlying theories are discussed. In addition, a study framework and hypotheses were constructed in demonstrating the association between variables.

# CHAPTER 3: METHODOLOGY

#### 3.0 Introduction

Chapter 3 will go through the research methods applied in this study. A pilot test will be conducted, and the data analysis tools will be suggested and evaluated.

#### 3.1 Research Design

A quantitative research approach is applied for accurate analysis. The quantitative research approach emphasises gathering and evaluating measurable, organised data, and the results interpreted can be represented statistically (Goertzen, 2017). According to Goertzen (2017), one of the main objectives is to provide accurate, at the same time, reliable measurements for statistical analysis. The quantitative approach is used to obtain results from a larger sample size. Thus, it is suitable for this research context. Furthermore, the descriptive research design is applied to determine the factors of online dating apps' adoption intention among young adults in Malaysia. The descriptive research method explains phenomena and traits using statistical analysis to determine the relationship (Akhtar, 2016). According to Akhtar (2016), descriptive research describes conditions such as social events, social structure, and social situations. This research design is used to investigate current situations and answer the questions regarding what, who, where, how and when (Akhtar, 2016). It emphasises the determinants instead of the association between the variables. As this research investigates the determinants of adoption intention, descriptive research design can be applied in this study context.

# 3.2 Sampling Design

3.2.1 Target Population

The targeted population for this study is young adults aged 18-30 in Malaysia. According to a past study on young adults coping with loneliness, the age range is determined from 18 to 30 years old (Golemis et al., 2021). Besides, according to the Youth Societies and Youth Development (Amendment) Act 2019, youth is defined as between 15 and 30 years old. Besides, the age of the majority is 18 years old or older, according to the Age of Majority Act of 1971. Many major online dating sites and apps have an age limitation of 18 years old. For instance, minors below 18 years old are prohibited from using online dating sites and apps (Bumble, 2021; OkCupid, 2022; Tinder, 2021; Tan Tan, n.d.). Thus, specifically, in this research, the target population is Malaysian young adults aged 18 to 30 years old.

#### 3.2.2 Sampling method

As the sampling frame for Malaysian young adults aged above 18 is unavailable, this study uses a non-probability sampling method, known as the judgemental sampling method, to collect data. Recently, researchers have been using a judgmental sampling method to study adoption intention using the UTAUT model (Daka & Phiri, 2019; Mahardika & Giantari, 2020; Rosnidah et al., 2018). Judgemental sampling design means that the samples are selected according to the judgement of the researcher (Etikan & Bala, 2017). Furthermore, judgemental sampling is cheap, easy, time-saving and ideal for quantitative research design (Taherdoost, 2016).

The researchers selected samples with a certain understanding of online dating apps in this research. The selected samples are (1) aged from 18 years old to 30 years old, (2) have at least heard about online dating apps before and (3) never used or currently not using online dating apps. Furthermore, the respondents are expected to read and understand English as the questionnaire is conducted in English. The questionnaire is distributed to the respondents who meet the requirements. This sampling method allows researchers to reach the right audience.

#### 3.2.3 Sample size

According to Population Pyramid (2021), Malaysia's total population in 2021 is 32,776,195 people. Approximately 7,390,831 Malaysians are aged 18 to 30.

According to DataStar (2008), at a confidence level of 95%, the tolerable margin of error applied by survey researchers is between 4% and 8%. In this research, the margin of error is 6% at a 95% confidence level, the population size is approximately 7,400,000, and the response distribution is 50%. Using the sample size calculation based on the normal distribution, as shown in Figure 3.1, the recommended minimum sample size is 267 (Raosoft, 2004). In this research, the sample size will be 280.

What margin of error can you accept? 5% is a common choice	6 %	The margin of error is the amount of error that you can tolerate. If 90% of respondents answer yes, while 10% answer <i>no</i> , you may be able to tolerate a larger amount of error than if the respondents are split 50-50 or 45-55. Lower margin of error requires a larger sample size.
What confidence level do you need? Typical choices are 90%, 95%, or 99%	95%	The confidence level is the amount of uncertainty you can tolerate. Suppose that you have 20 yes-no questions in your survey. With a confidence level of 95%, you would expect that for one of the questions (1 in 20), the percentage of people who answer yes would be more than the margin of error away from the true answer. The true answer is the percentage you would get if you exhaustively interviewed everyone. Higher confidence level requires a larger sample size.
What is the population size? If you don't know, use 20000	7400000	How many people are there to choose your random sample from? The sample size doesn't change much for populations larger than 20,000.
What is the response distribution? Leave this as 50%	50 %	For each question, what do you expect the results will be? If the sample is skewed highly one way or the other, the population probably is, too. If you don't know, use 50%, which gives the largest sample size. See below under <b>More information</b> if this is confusing.
Your recommended sample size is	267	This is the minimum recommended size of your survey. If you create a sample of this many people and get responses from everyone, you're more likely to get a correct answer than you would from a large sample where only a small percentage of the sample responds to your survey.

*Figure 3.1*. Calculation of sample size. Adapted from Raosoft. (2004). *Sample size calculator*. Retrieved from http://www.raosoft.com/samplesize.html

# 493.3 Data Collection Methods

#### **3.3.1 Primary Data Collection Procedures**

The term "primary data" refers to a dataset that was obtained directly by the researcher for the purpose of a certain study. Various methods can be used to collect

primary data (Salkind, 2010). Questionnaires will be the primary data collection technique in this research. Questionnaires are an affordable, efficient, and effective way to gather huge amounts of data from a larger sample of people. Data can be obtained in a short amount of time because the researcher is unnecessary to be onsite when the surveys are being completed by the respondents (McLeod, 2018). Google Forms will be the tool for creating online questionnaires in this research as it includes basic data validation, skip logic, and a variety of question kinds. Researchers may contact to as many people as they hope for rapid and efficiently with online questionnaires (QuestionPro, 2021). The online questionnaire will be distributed by email, QR codes, social media and online pages. The primary data would be collected by distributing questionnaires to 280 young adult participants.

#### 3.3.2 Questionnaire Design

The questionnaire is in English and is categorised into three sections: Pre-Screening, Section A and Section B. Respondents are requested to answer three screening questions in pre-screening section to ensure the respondents' validation before continuing to the subsequent section. In Section A, demographic profiles, for instance, age, gender, race and sexual orientation, are required from the target respondents. Section B focused on the response of respondents regarding the IVs (PE, EE, SI, FC and TR) and DV (AI) of this research. There are a total of 30 questions in this section, and 5 questions are allocated for each construct. The items adopted are being modified to suit this research study. The Five 36 bint Likert Scale is applied in the design of questions in Section B with the scale from strongly disagree to strongly agree.

#### Table 3.1

Sources of Measurement Items

Constructs	Items	Adopted	
		From	

71			
Performance	PE1	I think that online dating	Venkatesh et
Expectancy (PE)		apps are useful.	al. (2012);
	PE2	I think using online dating	Chao (2019)
		apps would increase my	
		chances of achieving what is	
		important to me.	
	PE3	If I use online dating apps, it	
		could satisfy my dating	
		needs.	
	PE4	I think using online dating	
		apps increases dating	
		chances.	
	PE5	I think online dating apps	Baabdullah
		would be advantageous to	(2020)
		expand my social network.	
Effort Expectancy	EE1	It would not take me long to	51 Venkatesh et
(EE)		learn how to use online	al. (2003);
		dating apps.	Chao (2019)
	EE2	My interaction with online	
		dating apps is clear and	
		understandable (The apps'	
		interface is well customized	
		and easy to understand).	
	EE3	I think online dating apps	
		are easy to use.	
	EE4	I think it is easy for me to	
		become skillful at using	
		online dating apps.	

			r
-8	EE5	I think it is easy to get online dating apps to do what I want them to do.	
Social Influence (SI)	SI1	People who are important to me think that I should use online dating apps.	Venkatesh et al. (2012); Saprikis et al. (2021)
	SI2	People who influence my behaviour think that I should use online dating apps.	(2021)
	SI3	People whose opinions that I value prefer that I use online dating apps.	
	SI4	Peers' suggestions and recommendations will affect my decision to use online dating apps.	Peng and Cao (2017)
	SI5	I would use online dating apps because the proportion of my peers uses online dating apps.	
22 Facilitating Conditions (FC)	FC1	I have the resources necessary to use online dating apps.	Venkatesh et al. (2003); Saprikis et al.
	FC2	I have the knowledge necessary to use online dating apps.	(2021)

	FC3	Online dating apps are compatible with other technologies I use.	
	FC4	I can get help from others when I have difficulties using online dating apps.	
	FC5	Using online dating apps is entirely within my control.	
Trust (TR)	TR1	I think that online dating apps are trustworthy.	Chao (2019)
	4 TR2	I trust in online dating apps.	
	TR3	I do not doubt the honesty of online dating apps.	
	TR4	2 Even if not monitored, I would trust online dating apps to do the job right.	
	TR5	Online dating apps have the ability to fulfill its task (e.g matchmaking, chatting, privacy assurance).	
Adoption Intention (AI)	AI1	I intend to use online dating apps in the future.	Saprikis et al. (2021)
	AI2	I predict I will use online dating apps in the future.	
	AI3	J I plan to use online dating apps in the future.	

AI4	I intend to continue using online dating apps when necessary or I want to.	27 Venkatesh et al. (2012)
AI5	I will recommend others to use online dating apps.	Wei et al. (2021)

#### 3.3.3 Pilot Study

Based on Arain, Campbell, Cooper, and Lancaster (as cited in Lowe, 2019), a pilot study is a brief feasibility study intended to evaluate several aspects of survey methodologies before employing them in a more extensive, detailed, or confirmatory research. Sample size rules of thumb are the most straightforward approaches for deciding a pilot study's sample size. For the pilot study, Browne suggests a minimum sample size of 30 participants, while Kieser and Wassmer suggest 20 - 40 participants (Whitehead et al., 2016). As a result, the pilot study will be done by distributing the questionnaire to 30 people aged between 18 and 30.

According to the reliability analysis from Table 3.2, components of this survey are reliable as Cronbach's Alpha score for every component is higher than 0.7, which concludes that the level of reliability is more than good.

#### Table 3.2

Reliability Analysis for Pilot Study

Variables		Number of Items		
Dependent Variable (DV)	AI	5	0.921	Very Good

Independent Variables (IV)	PE	5	0.867	Very Good
	1 EE	5	<mark>0</mark> .755	Good
	SI	5	<mark>0</mark> .897	Very Good
	FC	5	<mark>0</mark> .828	Very Good
	TR	5	0.783	Good

# 3.4 Proposed Data Analysis Tool

Statistical Package for Social Science (SPSS) software is proposed to interpret collected data (Puteh & Azman Ong, 2017).

# 3.4.1 Descriptive Analysis

To summarise the raw data, descriptive analysis will be conducted in this research (Kaur et al., 2018). This analysis includes the measures of frequency, central tendency, dispersion, and position. As descriptive analysis compresses data which consists of the demographic data into a concise summary, it allows researchers to interpret the data easily and evaluate specific populations in a more structured manner.

# **3.4.2 Internal Consistency Analysis**

The internal consistency analysis will be applied to assess the consistency and accuracy of outcomes across the test variables (Hajjar, 2018). Sekaran and Bougie (2016) insisted that the most usual internal consistency measure would be Cronbach's Alpha. The application of Cronbach's Alpha can determine the test

values' reliability. The rule of thumb on Cronbach's Alpha is shown in Table 3.3 (Malhotra et al., 2017):

### Table 3.3

Rule of Thumb on Cronbach's Alpha

Cronbach's Alpha Range	Level of Reliability
<0.60	Poor
0.60 to < 0.70	Fair
0.70 to < 0.80	Good
0.80 to < 0.95	Very Good

*Note*. From Malhotra, N. K., Nunan, D., & Birks, D. F. (2017). *Marketing Research: An applied approach*, (5<sup>th</sup> ed). United Kingdom: Pearson

Cronbach's Alpha scale spans from 0 to 1, which is being used to access the value of accuracy of each variable. As shown in Table 3.3, a rule of thumb shows that a reliability score of 0.6 to less than 0.7 suggests a fair level of reliability. Meanwhile, reliability score that greater than 0.8 or above shows a very good level of reliability. Nevertheless, when the value exceeds 0.95, it is not necessarily desirable as this suggests redundancy of response.

# 3.4.3 Inferential Analysis

#### 3.4.3.1 Multiple Regression Analysis

Multiple regression analysis examines relationships between IVs and one DV (Malhotra et al., 2017). This analysis is mainly used to identify the effect of several

IVs on a DV. According to Kurniatullah and Pramudi (2017), the common form of the multiple regression equation is as follows:

 $Y = a + b_1X_1 + b_2X_2 + b_3X_3 + b_4X_4 + b_5X_5 + \dots + b_kX_k$ 

The equation generated for this research is as follows:

 $5 \\ AI = a + b_1(PE) + b_2(EE) + b_3(SI) + b_4(FC) + b_5(TR)$ 

Whereby,

AI= Adoption Intention of Online Dating Appsa= constantPE= Performance ExpectancyEE= Effort ExpectancySI= Social InfluenceFC= Facilitating ConditionsTR= Trust

By using this equation, the researchers are able to predict the value of DV (AI) by using the values of IVs (PE, EE, SI, FC, TR).

#### 3.5 Conclusion

Chapter 3 has explained all the research methods and tools that were applied in this research, and it would act as guidelines for implementing the data analysis in <sup>41</sup> Chapter 4.

#### **CHAPTER 4: DATA ANALYSIS**

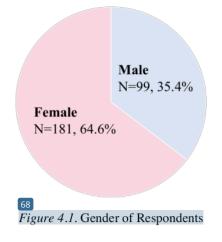
#### 4.0 Introduction

In Chapter 4, data analysis is used to analyse the research findings. 296 questionnaires were administered, and 280 valid responses were collected. A descriptive analysis is performed first followed by a reliability test. Preliminary data screening was performed to see if multicollinearity and the issue of non-normality are present. Nevertheless, Multiple Linear Regression Analysis is employed to analyse the collected data. Version 26.0 SPSS is used to examine data for this research.

#### 4.1 Descriptive Analysis

## 4.1.1 Gender

According to Figure 4.1, the number of female participants outnumbered the male participants in the present study. 64.6% of the respondents are female (N=181), while the rest are male (N=99, 35.4%).



#### 4.1.2 Race

Among the 280 valid responders shown in Figure 4.2, Chinese respondents accounted for the largest portion of 86.4% (N=242), followed by 7.9% of Malay respondents (N=22) and 5.7% of Indian respondents (N=16). In this study, there are fewer Malay and Indian respondents. The possible reason might be that most Malay and Indian communities still believe that arranged marriages would be the appropriate way to develop a love relationship. Due to their cultures, only a small portion of them allow their child to find their loved ones by themselves (Zhang, 2005; Kukreja, 2022).

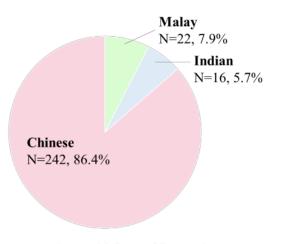


Figure 4.2. Race of Respondents

#### 4.1.3 Sexual Orientation

According to Figure 4.3, most of the respondents are heterosexual which are attracted to people of the opposite sex (N=269, 96.1%). At the same time, ten respondents claim that their sexual orientation is bisexual (3.6%). Only one homosexual respondent is reported in this study, consisting of only 0.4%.

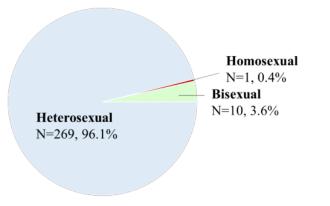


Figure 4.3. Sexual Orientation of Respondents

#### 4.1.4 Popularity of Online Dating Apps

Among this study (Figure 4.4), Tantan is the most popular online dating app which approximately 37% of people heard about this app before, followed by Tinder (30.9%), Facebook Dating (16.4%) Bumble (4.5%), OkCupid (3.9%), Paktor (3.4%) Match.com (2.4%), Soul (0.7%), Coffee Meets Bagel (0.4%) and Grindr (0.1%).

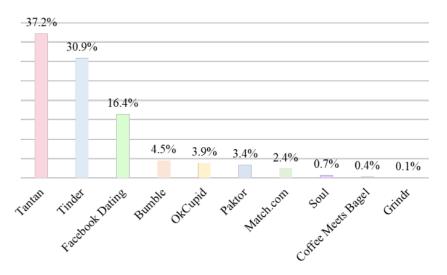


Figure 4.4. Popularity of Online Dating Apps

### 4.2 Internal Consistency Analysis

According to the rule of thumb on Cronbach's Alpha, variables with a Cronbach Alpha range above 0.8 have a very good reliability (Malhotra et al., 2017). According to Table 4.1, all the tested variables' Cronbach Alpha scores are higher than 0.8, so the reliability is very good. It also shows that the consistency and accuracy of the result are reliable.

#### Table 4.1:

Result of Reliability

Variables		Number of Items	Cronbach's Alpha	Results of Reliability
Dependent Variable DV)	AI	5	0.928	Very Good
ndependent Zariables (IV)	PE	5	<mark>0</mark> .871	Very Good
	EE	5	<b>0</b> .831	Very Good
	SI	5	<mark>0</mark> .911	Very Good
	FC	5	0.850	Very Good
	TR	5	0.889	Very Good

# Inferential Analysis

4.3.1 Multiple Regression Analysis

According to Moore and Flinger (2013), it states that when the range of  $\frac{1}{R}$ -squared value is between 0.5 and 0.7, it can be considered a moderate effect size. Based on Table 4.2, the R-squared value is 0.565. It means that 56.5% of the variability of young adults' AI towards online dating apps can be justified by all IVs in this research.

#### Table 4.2:

Model Summary

Model	R	R-Square	Adjusted R Square	Std. Error of the Estimate
1	.752.	.565	.557	3.30599
a. F	Predictor	rs: (Constant),	TR, EE, SI, FC, I	PE

Based on Table 4.3, the F-value of this research is 71.157, and P-value is <0.0001. The relationship between IVs and DV is statistically significant as the P-value is lower than 0.05 (McLeod, 2019). Thus, PE, EE, SI, FC and TR can demonstrate the variation in AI toward online dating apps among young adults in Malaysia.

#### 42 Table 4.3:

#### Anova Result

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	3888.592	5	777.718	71.157	.000
	Residual	2994.708	274	10.930		
	Total	6883.300	279			
	Dependent Va Predictors: (C		R. EE. S	I. FC. PE		[

Table 4.4 shows the P-values of PE, SI, and TR are <0.0001, which is lower than 0.05. This means that these three IVs significantly influence AI. On the other hand,

EE and FC have the P-values of 0.889 and 0.410 each, greater than 0.05. This indicates that EE and FC have no significant relationship with AI. Besides, the standardised coefficient of SI (0.318) suggests that it is the most influential IV as it has the largest absolute value among other IVs. The unstandardised PE, SI, and TR coefficients positively correlate with AI. Hence, the multiple regression equation is as below:

#### AI = 0.263 + 0.327(PE) + 0.310(SI) + 0.340(TR)

According to Malhotra et al. (2017), the equation above explains when AI increases by 0.327, 0.310 and 0.340 units respectively when the IVs of PE, SI and TR increase by one unit.

#### <sup>39</sup> Table 4.4:

Coefficients of Equation

Mode	I	Unstar Coeffie	ndardized cients	Standardized Coefficients		
		B	<mark>Std.</mark> Error	Beta	t	Sig.
1	(Constant)	.263	1.158		.227	.821
	РЕ	.327	.069	.284	4.732	0.000
	EE	.010	.073	.007	.139	.889
	SI	.310	.051	.318	6.071	0.000
	FC	052	.063	044	826	.410
	TR	.340	.065	.300	5.246	0.000

a. Dependent Variable: AI

To sum up, H1, H3 and H5 are accepted while H2 and H4 are rejected.

## 4.4 Conclusion

In conclusion, the outcomes of the collected data were analysed and interpreted in this chapter. SPSS software is applied to generate the outcomes of the collected data, which were then interpreted in table formats in this research.

## CHAPTER 5: DISCUSSION, CONCLUSION, AND IMPLICATIONS

## 5.0 Introduction

The important findings, implications in the view of theoretical and managerial perspectives, research limitations, and recommendations for further studies will be highlighted in Chapter 5.

## 5.1 Discussions of Major Findings

Based on Table 5.1, the summary of the hypothesis testing outcome was developed.

## Table 5.1:

Summary of the results of hypothesis testing

Hypothesis	Sig.	Result
H1: Performance expectancy (PE) significantly	0.000	Supported
influences the adoption intention towards online dating		
apps among young adults in Malaysia.		
H2: Effort expectancy (EE) significantly influences the	0.889	Not
AI towards online dating apps among young adults in		supported
Malaysia.		
H3: Social influence (SI) significantly influences the AI	0.000	Supported
towards online dating apps among young adults in		
Malaysia.		
H4: Facilitating conditions (FC) significantly influences	0.410	Not
the AI towards online dating apps among young adults in		supported
Malaysia.		

H5: Trust (TR) significantly influences the AI towards	0.000	Supported	
online dating apps among young adults in Malaysia.			

# H1: Performance expectancy (PE) significantly influences the adoption intention towards online dating apps among young adults in Malaysia.

The finding shows that PE significantly influences Malaysian young adults' adoption intention towards online dating apps. This research has discovered that users are concerned about the usefulness of dating apps in carrying out beneficial functions such as expanding social networks, increasing dating chances, and satisfying dating needs. The result is compatible with the prior study. Based on the past research by Saprikis et al. (2021), it has been discovered that users' performance expectancy has a major influence on their desire to pursue mobile apps if they feel that using mobile apps will result in positive outcomes.

# H2: Effort expectancy (EE) significantly influences the adoption intention towards online dating apps among young adults in Malaysia.

There is a contradictory result whereby EE has no significant influence on the adoption intention of online dating apps among young adults in Malaysia. The finding is incompatible with an earlier study that stated that effort expectancy could affect the intention to adopt a technology (Abrahão, Moriguchi & Andrade, 2016). However, previous research by Alowayr (2022) is consistent with the finding of this research, as EE had no substantial impact on mobile technology adoption intentions since most users are unconcerned with the required effort and time in utilising technology. Hence, it could further explain that although young adults may take some time to discover how to use online dating apps' features, they are ready to adopt them due to the benefits of the apps in facilitating their usage performance.

H3: Social influence (SI) significantly influences the adoption intention towards online dating apps among young adults in Malaysia.

According to the results, SI significantly influences Malaysian young adults' adoption intention towards online dating apps. According to this study, the people who are significant to them, especially peers have affected on their decision to use online dating apps. The significant people tend to affect their intention by communicating the advantages of online dating apps and will recommend the individual to use the apps. This can be supported by Peng and Cao (2017) that social influence such as peer influence becomes more directly influential to an individual in becoming online dating apps adopters.

## H4: Facilitating conditions (FC) significantly influences the adoption intention towards online dating apps among young adults in Malaysia.

H4 is rejected based on the findings whereby FC has no significant influences on the Malaysian young adult's adoption intention towards online dating apps. A past study by Puriwat and Tripopsakul (2021) demonstrated that facilitating conditions affect user adoption behaviour. However, this research finding is inconsistent with the earlier study. The probable explanation may be that the users are familiar with the operation of mobile technology. There is less requirement for technological infrastructure and support from the users to adopt mobile technology; hence, it was not the primary concern of most users (Alowayr, 2022).

# H5: Trust (TR) significantly influences the adoption intention towards online dating apps among young adults in Malaysia.

According to the findings, TR significantly influences the Malaysian young adults' adoption intention towards online dating apps. The result is consistent with a past research by Almaiah et al. (2020). There is a greater reluctance to make the decision in adopting mobile services due to a lack of trust. Therefore, when trust improves, there will be less reluctance from the young adults to adopt online dating apps and increase the number of users using online dating apps.

## 465.2 Implications of The Study

#### 5.2.1 Theoretical Implications

In terms of theoretical implications, this research contributes by providing insights on the "Determinants of Online Dating Apps Adoption Intention Among Young Adults in Malaysia". The theoretical framework of the UTAUT model is used in this research to examine the adoption intention. The theory is proposed to discover user intent to adopt an information system and subsequent usage behaviour. This research modifies the UTAUT model by including an additional variable - Trust (TR). In this research, Performance Expectancy (PE), Social Influence (SI) and Trust (TR) indicate positive influence towards online dating apps (ODA) adoption. While the hypothesis of Effort Expectancy (EE) and Facilitating Conditions (FC) positively influencing online dating apps adoption are rejected. Previously, limited research studied how TR can influence the adoption of ODA. Therefore, the study of the additional variable - TR in this research may provide better insights into future research on dating apps adoption. People are more likely to adopt dating apps at lower risk. Furthermore, this research has contributed to the relevant online dating app research field. Many researchers have adopted the UTAUT model in studying mobile payments apps, e-banking apps, learning apps, etc. However, no foundable study has been done on the adoption intention of online dating apps using this model. This research reflects the broad range of activities and outcomes undertaken and achieved. Relevant researchers who are studying this topic may benefit from this study. To sum up, the study of the UTAUT model in this research is partially supported as two hypotheses are rejected. Hence, further study of the theory is needed, or modifications are necessary.

#### 5.2.2 Managerial Implications

Besides theoretical implications, some managerial implications have been made for the development and usage of online dating apps.

First and foremost, ODA developers should pay more attention to TR towards ODA as there have been limited studies on this topic previously. The findings recommend

that TR is a significant determinant influencing the adoption intention. TR has been identified as an essential determinant in raising advantage perceptions and lowering perceived risks. When it comes to online dating, TR towards the intermediary (for example, the online dating apps) and other human parties (e.g., other users on the app) might have varying effects on individuals' adoption intention. For instance, ODA developers should focus more on verifying the authenticity of users' identities. ODA developers should consider creating adequate information verification and privacy protection policies to alleviate individual apprehensions about online dating. Individuals' perceived risks will be reduced as a result of their reservations about privacy infringement.

Second, ODA developers should focus on the PE of the ODA. As this research suggests that PE has a positive influence on the adoption intention, the effectiveness in finding the right partner in online dating apps is very crucial. Assessing users' profiles and getting feedback from users is very important to increase efficacy. To exemplify, developers may show testimonials or feedback from real users showing the effectiveness in finding a perfect match in the apps.

On the other hand, SI positively influences adoption intention in this study. Young adults appear to use social media and online dating apps more due to the influence of their peers and the people around them. Peers greatly influence users' adoption intention; the satisfaction and pleasure in using the app would motivate them to recommend it to their peers. For instance, ODA developers may consider implementing a referral reward program by incentivizing previous customers to recommend the apps to their family and friends.

## 5.3 Limitations and Recommendations of Study

The data collection method utilised for this study is limited. Google Forms was chosen for the data collection method since the survey was carried out amid the Covid-19 pandemic. The team noticed that the respondents might not put in the full effort while filling up the questionnaire. The response collected for the study might not reflect the genuine attitude or behaviour towards the adoption of online dating

apps. Due to the Covid-19 pandemic, there are a variety of research questionnaires being distributed on social media due to convenience, causing the questionnaires to be generalised, overlooked, and ignored by the participants. Even though the participants are aware of the questionnaires, most are unwilling to participate. Due to this situation, the data collection efficiency fell behind, and the duration of the data collection process was dragged down. Therefore, future researchers are encouraged to provide incentives to the respondents that have successfully filled up the questionnaires. It will be more efficient for the data collection process as the potential respondents will be triggered by the reward given and pay attention to the questionnaires distributed. With the incentives offered by the researchers, the participants could feel the sincerity, thus feel a sense of worthiness and increase their willingness to fill up the questionnaires.

Besides, limitations are found in the demographic profile of the respondents. According to the demographic profile, Chinese respondents hold the biggest portion of the population, 86.4%, while Malay and Indian respondents occupied 7.9% and 5.7%, respectively. The reason behind this may be caused by the cultural difference between the Malay and Indian communities. Due to their beliefs, the majority of them still feel that planned weddings are the best way to build a love relationship, and only a tiny percentage of them allow their children to discover their loved ones on their own (Zhang, 2005; Kukreja, 2022). Thus, they may not find the questionnaires relevant to them. Due to data limitations, the study might not accurately reflect Malay and Indian individuals' intended behaviour in adopting online dating apps. Hence, future researchers are encouraged to conduct future studies focusing on specific races to discover more about their adoption behaviour towards online dating apps. This kind of study can help determine different aspects and perspectives on the adoption intention of online dating apps. It may also act as a reference to the online dating companies that intend to target the market of different race communities.

## 5.4 Conclusion

In short, the key findings were discussed according to the hypotheses testing result. To provide better insights and recommendations to the future practitioner and policy makers, theoretical and managerial implications was proposed. Limitations and recommendations were mentioned in this study to assist the future researchers to further improve research quality.

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## **APPENDICES**

## **Appendix 1.0 Survey Questionnaires**

#### **Pre-Screening**

1. Are you aged 18 to 30 years old?

24 □ Yes □ No

2. Have you heard of any online dating apps before?

□ Yes

🗆 No

3. Have you used any online dating apps before?

- □ No
- $\Box$  Yes, but currently not using
- $\Box$  Yes, and currently still using

## **Section A: Demographic Information**

Please tick on the most appropriate option to represent your answer.

### 1. Gender

- Male
- Female

2. Race

- Malay
- Chinese
- Indian
- 19 Other(s), please state:
- 3. Sexual orientation
  - □ Heterosexual (Attracted to people of the opposite sex)
  - □ Bisexual (Attracted to people of both sexes)
  - □ Homosexual (Attracted to people of the same sex)
  - □ Asexual (Not sexually attracted to other people)
- 4. Which of the online dating apps listed below that you have heard/used before?
  - □ Tinder
  - Bumble

- OkCupid
- □ Match.com
- □ Facebook Dating
- Paktor
- Tantan
- $\Box$  Other(s), please state:

# Section B: Determinants that influence the adoption intention towards online dating apps among young adults.

Respondents are required to tick on the most appropriate option to represent your answer. Kindly select the most relevant option of each statement based on the 5 points scale [ (1) = Strongly Disagree; (2) = Disagree; (3) = Neutral; (4) = Agree; (5) = Strongly Agree ].

### **Performance Expectancy**

		Strongly Disagree	Disagree	Neutral	Agree	Strongly
PE1	I think that online dating apps are useful.	1	2	3	4	5
PE2	I think using online dating apps would increase my chances of achieving what is important to me.	1	2	3	4	5
PE3	If <b>I</b> use online dating apps, it could satisfy my dating needs.	1	2	3	4	5
PE4	I think using online dating apps increases dating chances.	1	2	3	4	5
PE5	I think online dating apps would be advantageous to expand my social network.	1	2	48 3	4	5

Effort Expectancy

	63	Strongly Disagree	Disagree	Neutral	Agree	Strongly	
EE1	It would not take me long to learn how to use online dating apps.	1	2	53 3	4	5	
EE2	My interaction with online dating apps is clear and understandable (The apps'	1	2	3	4	5	

	54					
	interface is well customized and easy to					
	understand).					
EE3	I think online dating apps are easy to use.	1	2	3	4	5
EE4	I think it is easy for me to become skillful	1	2	2	4	5
	at using online dating apps.	1	2	5	4	5
EE5	I think it is easy to get online dating apps	1	2	3	4	5
	to do what I want them to do.	1	2	3	-+	5

## Social Influence

		Strongly Disagree	Disagree	Neutral	Agree	Strongly
SI1	People who are important to me think that I should use online dating apps.	1	2	3	4	5
SI2	People who influence my behaviour think that I should use online dating apps.	1	2	3	4	5
SI3	People whose opinions that I value prefer that I use online dating apps.	1	2	3	4	5
SI4	Peers' suggestions and recommendations will affect my decision to use online dating apps.	1	2	3	4	5
SI5	I would use online dating apps because the proportion of my peers uses online dating apps.	1	2	3	4	5

## **Facilitating Conditions**

		Strongly Disagree	Disagree	Neutral	Agree	Strongly
FC1	I have the resources necessary to use online dating apps.	1	2	3	4	5
FC2	I have the knowledge necessary to use online dating apps.	1	2	3	4	5
FC3	Online dating apps are compatible with other technologies I use.	1	2	3	4	5
FC4	I can get help from others when I have difficulties using online dating apps.	1	2	3	4	5
FC5	Using online dating apps is entirely within my control.	1	2	3	4	5

## Trust

	4	Strongly Disagree	Disagree	Neutral	Agree	Strongly
TR1	I think that online dating apps are trustworthy.	1	2	3	4	5
TR2	I trust in online dating apps.	1	2	3	4	5
TR3	I do not doubt the honesty of online dating apps.	1	2	1	4	5
TR4	Even if not monitored, I would trust online dating apps to do the job right.	1	2	3	4	5
TR5	Online dating apps have the ability to fulfill its task (e.g matchmaking, chatting, privacy assurance).	1	2	67 3	4	5

## **Adoption Intention**

	9	Strongly Disagree	Disagree	Neutral	Agree	Strongly
AI1	I intend to use online dating apps in the future.	1	2	3	4	5
AI2	I predict I will use online dating apps in the future.	1	2	3	4	5
AI3	I plan to use online dating apps in the future. $3$	1	2	3	4	5
AI4	I intend to continue using online dating apps when necessary or I want to.	1	2	36 3	4	5
AI5	I will recommend others to use online dating apps.	1	2	3	4	5

## **Appendix 2.0 Internal Consistency Analysis (Pilot Test)**

```
RELIABILITY
/VARIABLES=AI1 AI2 AI3 AI4 AI5
/SCALE('Pilot Study: Adoption Intention (AI)') ALL
/MODEL=ALPHA.
```

#### Reliability

#### Scale: Pilot Study: Adoption Intention (AI)

#### **Case Processing Summary**

		N	%
Cases	Valid	29	4.3
	Excluded <sup>a</sup>	641	95.7
	Total	670	100.0

a. Listwise deletion based on all variables in the procedure.

#### **Reliability Statistics**

Cronbach's Alpha	N of Items
.925	5

#### RELIABILITY

```
/VARIABLES=PE1 PE2 PE3 PE4 PE5
/SCALE('Pilot Study: Performance Expectancy (PE)') ALL
/MODEL=ALPHA.
```

#### Reliability

### Scale: Pilot Study: Performance Expectancy (PE)

#### **Case Processing Summary**

		N	%
Cases	Valid	29	4.3
	Excluded <sup>a</sup>	641	95.7
	Total	670	100.0

a. Listwise deletion based on all variables in the procedure.

#### **Reliability Statistics**

Cronbach's Alpha	N of Items
.878	5

RELIABILITY

```
/VARIABLES=EE1 EE2 EE3 EE4 EE5
/SCALE('Pilot Study: Effort Expectancy (EE)') ALL
/MODEL=ALPHA.
```

#### Reliability

## Scale: Pilot Study: Effort Expectancy (EE)

#### **Case Processing Summary**

		Ν	%
Cases	Valid	29	4.3
	Excluded <sup>a</sup>	641	95.7
	Total	670	100.0

a. Listwise deletion based on all variables in the procedure.

## **Reliability Statistics**

Cronbach's Alpha	N of Items
.805	5

RELIABILITY

/VARIABLES=SI1 SI2 SI3 SI4 SI5 /SCALE('Pilot Study: Social Influence (SI)') ALL /MODEL=ALPHA.

## Reliability

## Scale: Pilot Study: Social Influence (SI)

### **Case Processing Summary**

		Ν	%
Cases	Valid	29	4.3
	Excluded <sup>a</sup>	641	95.7
	Total	670	100.0

a. Listwise deletion based on all variables in the procedure.

#### **Reliability Statistics**

Cronbach's Alpha	N of Items
.900	5

#### RELIABILITY

/VARIABLES=FC1 FC2 FC3 FC4 FC5 /SCALE('Pilot Study: Facilitating Condition (FC)') ALL /MODEL=ALPHA.

## Reliability

## Scale: Pilot Study: Facilitating Condition (FC)

#### **Case Processing Summary**

		Ν	%
Cases	Valid	29	4.3
	Excluded <sup>a</sup>	641	95.7
	Total	670	100.0

a. Listwise deletion based on all variables in the procedure.

#### **Reliability Statistics**

Cronbach's Alpha	N of Items
.828	5

RELIABILITY

/VARIABLES=TR1 TR2 TR3 TR4 TR5 /SCALE('Pilot Study: Trust (TR)') ALL /MODEL=ALPHA.

## Reliability

## Scale: Pilot Study: Trust (TR)

## **Case Processing Summary**

		Ν	%
Cases	Valid	29	4.3
	Excluded <sup>a</sup>	641	95.7
	Total	670	100.0

a. Listwise deletion based on all variables in the procedure.

## **Reliability Statistics**

Cronbach's Alpha	N of Items
.781	5

## Appendix 3.0 Descriptive Analysis

## Frequencies

[DataSet1] C:\Users\User\Documents\fyp\final data.sav

#### Statistics

		D1	D2	D3
N	Valid	280	280	280
	Missing	0	0	0

## Frequency Table

			D1		
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Male	99	35.4	35.4	35.4
	Female	181	64.6	64.6	100.0
	Total	280	100.0	100.0	

## D2

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid Malay Chines	Malay	22	7.9	7.9	7.9
	Chinese	242	86.4	86.4	94.3
	Indian	16	5.7	5.7	100.0
	Total	280	100.0	100.0	

### D3

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Heterosexual	269	96.1	96.1	96.1
	Homosexual	1	.4	.4	96.4
	Bisexual	10	3.6	3.6	100.0
	Total	280	100.0	100.0	

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Bumble	30	4.5	4.5	4.5
	Coffee M	3	.4	.4	4.9
	Facebook	110	16.4	16.4	21.3
	Grindr	1	.1	.1	21.5
	Match.co	16	2.4	2.4	23.9
	OkCupid	26	3.9	3.9	27.8
	Paktor	23	3.4	3.4	31.2
	Soul	5	.7	.7	31.9
	Tantan	249	37.2	37.2	69.1
	Tinder	207	30.9	30.9	100.0
	Total	670	100.0	100.0	

D4

## Appendix 4.0 Internal Consistency Analysis (Fieldwork)

```
RELIABILITY
/VARIABLES=AI1 AI2 AI3 AI4 AI5
/SCALE('Adoption Intention (AI)') ALL
/MODEL=ALPHA.
```

### Reliability

## Scale: Adoption Intention (AI)

#### **Case Processing Summary**

		Ν	%
Cases	Valid	280	100.0
	Excluded <sup>a</sup>	0	.0
	Total	280	100.0

a. Listwise deletion based on all variables in the procedure.

### **Reliability Statistics**

Cronbach's Alpha	N of Items
.928	5

#### RELIABILITY

```
/VARIABLES=PE1 PE2 PE3 PE4 PE5
/SCALE('Performance Expectancy (PE)') ALL
/MODEL=ALPHA.
```

### Reliability

## Scale: Performance Expectancy (PE)

#### **Case Processing Summary**

		N	%
Cases	Valid	280	100.0
	Excluded <sup>a</sup>	0	.0
	Total	280	100.0

a. Listwise deletion based on all variables in the procedure.

#### **Reliability Statistics**

Cronbach's Alpha	N of Items
.871	5

```
RELIABILITY
/VARIABLES=EE1 EE2 EE3 EE4 EE5
/SCALE('Effort Expectancy (EE)') ALL
/MODEL=ALPHA.
```

## Reliability

## Scale: Effort Expectancy (EE)

#### **Case Processing Summary**

		N	%
Cases	Valid	280	100.0
	Excluded <sup>a</sup>	0	.0
	Total	280	100.0

a. Listwise deletion based on all variables in the procedure.

## **Reliability Statistics**

	Cronbach's Alpha	N of Items
_	.831	5

RELIABILITY

/VARIABLES=SI1 SI2 SI3 SI4 SI5 /SCALE('Social Influence (SI)') ALL /MODEL=ALPHA.

## Reliability

## Scale: Social Influence (SI)

## **Case Processing Summary**

		Ν	%
Cases	Valid	280	100.0
	Excluded <sup>a</sup>	0	.0
	Total	280	100.0

a. Listwise deletion based on all variables in the procedure.

## **Reliability Statistics**

Cronbach's Alpha	N of Items
.911	5

```
RELIABILITY
```

```
/VARIABLES=FC1 FC2 FC3 FC4 FC5
/SCALE('Facilitating Condition (FC)') ALL
/MODEL=ALPHA.
```

## Reliability

## Scale: Facilitating Condition (FC)

## Case Processing Summary

		Ν	%
Cases	Valid	280	100.0
	Excluded <sup>a</sup>	0	.0
	Total	280	100.0

a. Listwise deletion based on all variables in the procedure.

## **Reliability Statistics**

Cronbach's Alpha	N of Items
.850	5

RELIABILITY

/VARIABLES=TR1 TR2 TR3 TR4 TR5 /SCALE('Trust (TR)') ALL /MODEL=ALPHA.

## Reliability

## Scale: Trust (TR)

## **Case Processing Summary**

		N	%
Cases	Valid	280	100.0
	Excluded <sup>a</sup>	0	.0
	Total	280	100.0

a. Listwise deletion based on all variables in the procedure.

## **Reliability Statistics**

Cronbach's Alpha	N of Items
.889	5

## **Appendix 5.0 Multiple Regression Analysis**

```
REGRESSION

/MISSING LISTWISE

/STATISTICS COEFF OUTS R ANOVA

/CRITERIA=PIN(.05) POUT(.10)

/NOORIGIN

/DEPENDENT AI

/METHOD=ENTER PE EE SI FC TR.
```

## Regression

## Variables Entered/Removed<sup>a</sup>

Model	Variables Entered	Variables Removed	Method
1	TR, EE, SI, FC, PE <sup>b</sup>		Enter

a. Dependent Variable: AI

b. All requested variables entered.

## Model Summary

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	.752 <sup>a</sup>	.565	.557	3.30599

a. Predictors: (Constant), TR, EE, SI, FC, PE

## **ANOVA**<sup>a</sup>

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	3888.592	5	777.718	71.157	.000 <sup>b</sup>
	Residual	2994.708	274	10.930		
	Total	6883.300	279			

a. Dependent Variable: Al

b. Predictors: (Constant), TR, EE, SI, FC, PE

## Coefficients<sup>a</sup>

		Unstandardize	d Coefficients	Standardized Coefficients		
Model		В	Std. Error	Beta	t	Sig.
1	(Constant)	.263	1.158		.227	.821
	PE	.327	.069	.284	4.732	.000
	EE	.010	.073	.007	.139	.889
	SI	.310	.051	.318	6.071	.000
	FC	052	.063	044	826	.410
	TR	.340	.065	.300	5.246	.000

a. Dependent Variable: Al

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